



Karagiannis, A., Sylantsev, S., Hadjihambi, A., Hosford, P. S., Kasparov, S., & Gourine, A. V. (2016). Hemichannel-mediated release of lactate. *Journal of Cerebral Blood Flow and Metabolism*, 36(7), 1202-1211. <https://doi.org/10.1177/0271678X15611912>

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# Hemichannel-mediated release of lactate

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## Abstract

In the central nervous system lactate contributes to the extracellular pool of readily available energy substrates and may also function as a signaling molecule which mediates communication between glial cells and neurons. Monocarboxylate transporters are believed to provide the main pathway for lactate transport across the membranes. Here we tested the hypothesis that lactate could also be released via opening of pannexin and/or functional connexin hemichannels. In acute slices prepared from the brainstem, hippocampus, hypothalamus and cortex of adult rats, enzymatic amperometric biosensors detected significant tonic lactate release inhibited by compounds, which block pannexin/connexin hemichannels and facilitated by lowering extracellular  $[Ca^{2+}]$  or increased  $PCO_2$ . Enhanced lactate release triggered by hypoxia was reduced by ~50% by either connexin or monocarboxylate transporter blockers. Stimulation of Schaffer collateral fibers triggered lactate release in CA1 area of the hippocampus, which was facilitated in conditions of low extracellular  $[Ca^{2+}]$ , markedly reduced by blockade of connexin hemichannels and abolished by lactate dehydrogenase inhibitor oxamate. These results indicate that lactate transport across the membranes may occur via mechanisms other than monocarboxylate transporters. In the central nervous system, hemichannels may function as a conduit of lactate release, and this mechanism is recruited during hypoxia and periods of enhanced neuronal activity.

## Keywords

Astrocytes, connexin, lactate, metabolism, monocarboxylate transporters, pannexin

Received 31 May 2015; Revised 14 September 2015; Accepted 21 September 2015

## Introduction

Neurons require constant and sufficient supply of energy substrates to meet their metabolic needs. Lactate is one of the key elements of brain energy metabolism and contributes to the extracellular pool of readily available energy substrates. The so-called ‘astrocyte-to-neuron lactate shuttle’ hypothesis suggests that neuronal activity is fuelled by lactate provided by neighbouring astrocytes.<sup>1,2</sup> Although there is evidence which argues against the importance (and existence) of astrocyte-to-neuron lactate shuttle (for a comprehensive review see Dienel<sup>3</sup>), the role of lactate and its effective transport in supporting metabolic needs of the brain may become highly significant in certain conditions. For example, physical activity and exercise are associated with progressive increase in brain lactate uptake (from the blood) and oxidation as work load and plasma lactate levels rise.<sup>4,5</sup> In addition to its metabolic role, lactate may also function as a signaling

molecule which in the brain mediates communication between astrocytes and neurons.<sup>6–9</sup>

In order to fulfil metabolic (at rest or during exercise) and/or signaling roles, lactate requires an effective mechanism of transport across the membrane(s) – the process which is currently attributed to the operation of monocarboxylate transporters (MCTs).<sup>10</sup> This, however, does not exclude the involvement of other

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potential mechanisms.<sup>11</sup> Gap junction hemichannels have been reported to be permeable to various molecules including adenosine 5'-triphosphate (ATP), glutamate and glucose,<sup>12-18</sup> and in this study we tested the hypothesis that lactate could be released into the extracellular space via opening of pannexin and/or functional (i.e. unopposed) gap junction connexin hemichannels.

## Materials and methods

All the experiments were performed in accordance with the European Commission Directive 2010/63/EU (European Convention for the Protection of Vertebrate Animals used for Experimental and Other Scientific Purposes) and the UK Home Office (Scientific Procedures) Act (1986) with project approval from the UCL Institutional Animal Care and Use Committee.

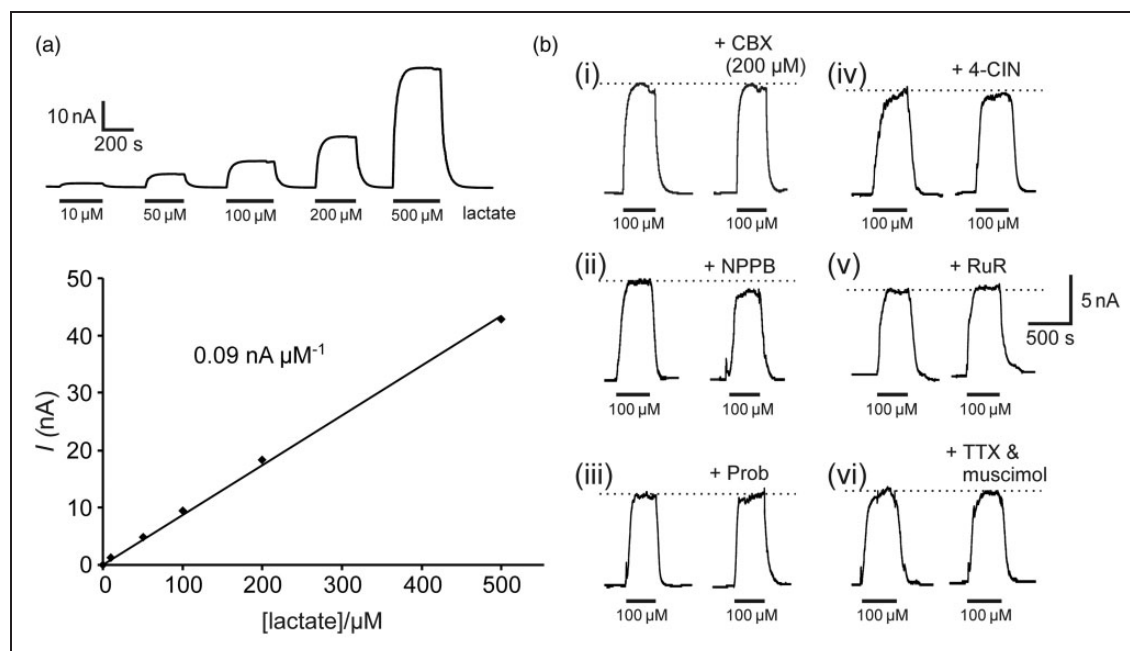
### In vitro slice preparations

Young adult Sprague-Dawley rats (~120 g) were terminally anesthetized with halothane inhalation overdose, the brains were removed and placed in ice cold artificial cerebrospinal fluid (aCSF) containing 124 mM NaCl, 26 mM NaHCO<sub>3</sub>, 3 mM KCl, 2 mM CaCl<sub>2</sub>, 1.25 mM NaH<sub>2</sub>PO<sub>4</sub>, 1 mM MgSO<sub>4</sub>, 10 mM Glucose

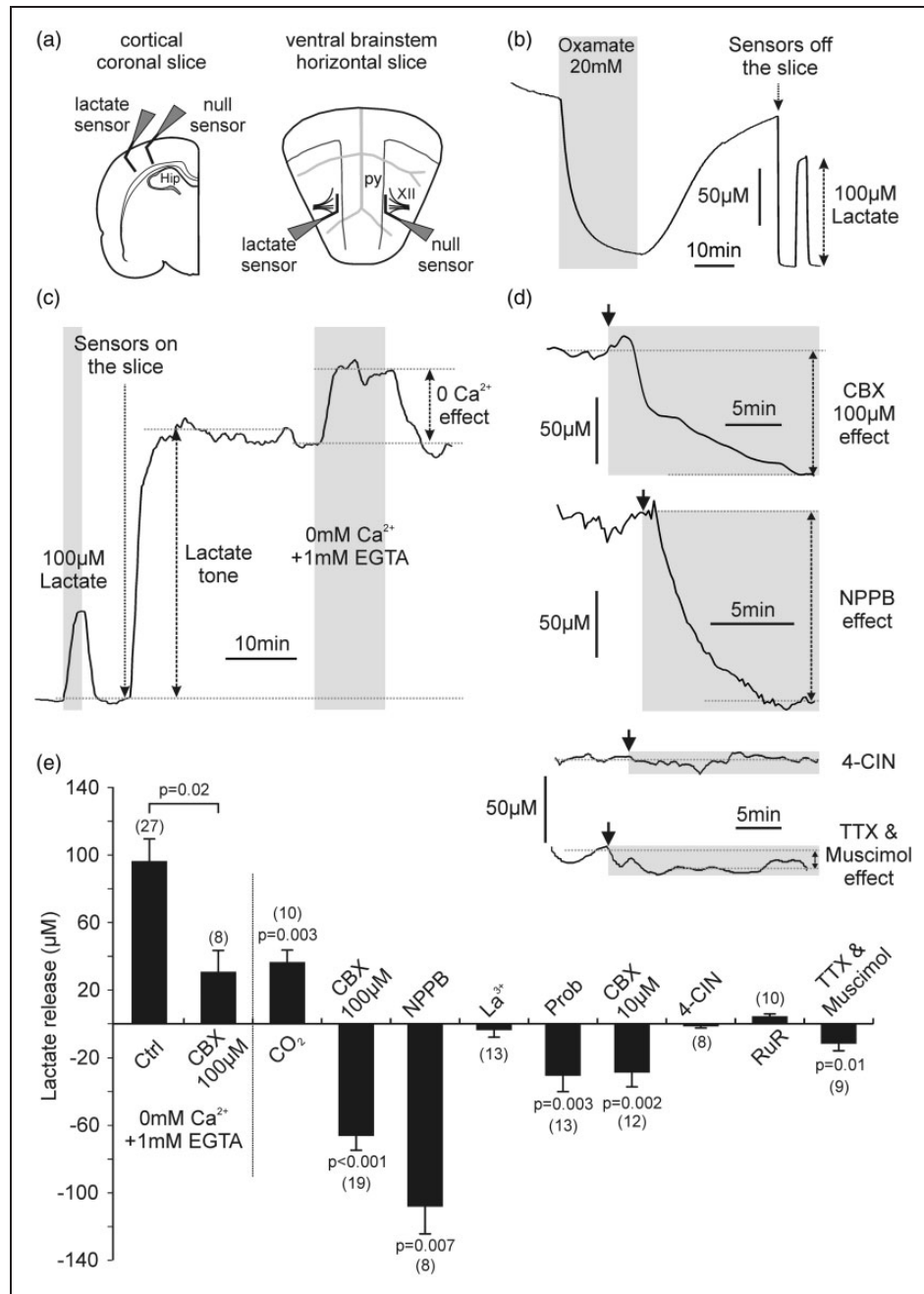
saturated with 95% O<sub>2</sub>/5% CO<sub>2</sub> (pH 7.4) with an addition of 9 mM Mg<sup>2+</sup>. Horizontal brainstem slices containing the intact ventral surface (thickness ~400 μm) or coronal brainstem, hypothalamic or cortical slices (thickness 300 μm) were cut using a vibratome and then incubated at room temperature for 1 h in a standard aCSF saturated with 95% O<sub>2</sub>/5% CO<sub>2</sub>.

### Biosensor recordings

Release of lactate was recorded in real-time using amperometric enzymatic lactate biosensors (Sarissa Biomedical) placed in a direct contact with the surface of the slice. The operation of the lactate biosensor is based on enzymatic activity of lactate oxidase which, in the presence of oxygen, converts lactate to pyruvate and H<sub>2</sub>O<sub>2</sub>. The latter is detected electrochemically. Figure 1 illustrates linearity of lactate detection by the biosensors in concentrations from 10 μM to 500 μM and insensitivity of the lactate biosensor detection system to pharmacological agents used in the current study. A dual recording configuration of a null sensor (lacking lactate oxidase) and lactate biosensor was used (Figure 2(a)), as described previously.<sup>19-22</sup> The null sensor served as a control to determine whether any non-specific electroactive interferences were released



**Figure 1.** Performance of the lactate biosensors. (a) Current ( $I$ ) calibration curve and sample responses of the lactate biosensor demonstrating linearity of analyte detection in concentrations from 10 μM to 500 μM; (b) Insensitivity of the lactate biosensor detection system to pharmacological agents used in this study. Traces illustrate sample biosensor current responses to lactate (100 μM) when calibrated in control artificial cerebrospinal fluid (aCSF), and then in the presence of (i) carbenoxolone (CBX), (ii) 5-nitro-2-(3-phenylpropylamino)-benzoic acid (NPPB, 200 μM), (iii) probenecid (Prob, 150 μM), (iv)  $\alpha$ -cyano-4-hydroxycinnamate (4-CIN, 250 μM), (v) Ruthenium red (RuR, 20 μM), and (vi) tetrodotoxin (TTX, 1 μM) + muscimol (100 μM).



**Figure 2.** Hemichannel-mediated tonic release of lactate. (a) Schematic illustration of a dual recording configuration of lactate and null (control) biosensors placed in a direct contact with the surface of the coronal cortical slice or uncut ventral surface of the horizontal brainstem slice. Difference in current between lactate and null biosensors was used to determine the amount of lactate release. XII hypoglossal rootlets; (b) Representative example of oxamate-induced changes in lactate release detected by the biosensors placed on the surface of the brainstem slice followed by calibration with 100  $\mu\text{M}$  lactate; (c) Representative example of changes in lactate biosensor current during calibration by application of 100  $\mu\text{M}$  lactate, after biosensor placement in a direct contact with the surface of the brainstem slice (revealing lactate tone), and in response to lowering extracellular  $[\text{Ca}^{2+}]$  (indicated by grey shading); (d) Representative recordings of lactate biosensor current showing changes in lactate tone in response to application of CBX (100  $\mu\text{M}$ ), NPPB (200  $\mu\text{M}$ ), 4-CIN (250  $\mu\text{M}$ ), or co-application of TTX (1  $\mu\text{M}$ ) and muscimol (100  $\mu\text{M}$ ). Period of drug application is indicated by grey shading; (e) Summary data illustrating peak changes in tonic lactate release in response to lowering extracellular  $[\text{Ca}^{2+}]$  (in the absence and presence of CBX, 100  $\mu\text{M}$ ), increases in  $\text{PCO}_2$ , or application of compounds known to inhibit functional connexin hemichannels (CBX, 100  $\mu\text{M}$ ; NPPB, 200  $\mu\text{M}$ ;  $\text{La}^{3+}$ , 100  $\mu\text{M}$ ), pannexin hemichannels (CBX, 10  $\mu\text{M}$ ; Prob, 150  $\mu\text{M}$ ), monocarboxylate transporters (4-CIN, 250  $\mu\text{M}$ ), CALHM1 channels (RuR, 20  $\mu\text{M}$ ) or suppress the neuronal activity (TTX, 1  $\mu\text{M}$  + muscimol, 100  $\mu\text{M}$ ). Mean  $\pm$  SEM.  $p$  values – Wilcoxon signed-rank test.

Hip: hippocampus; py: pyramidal tract.

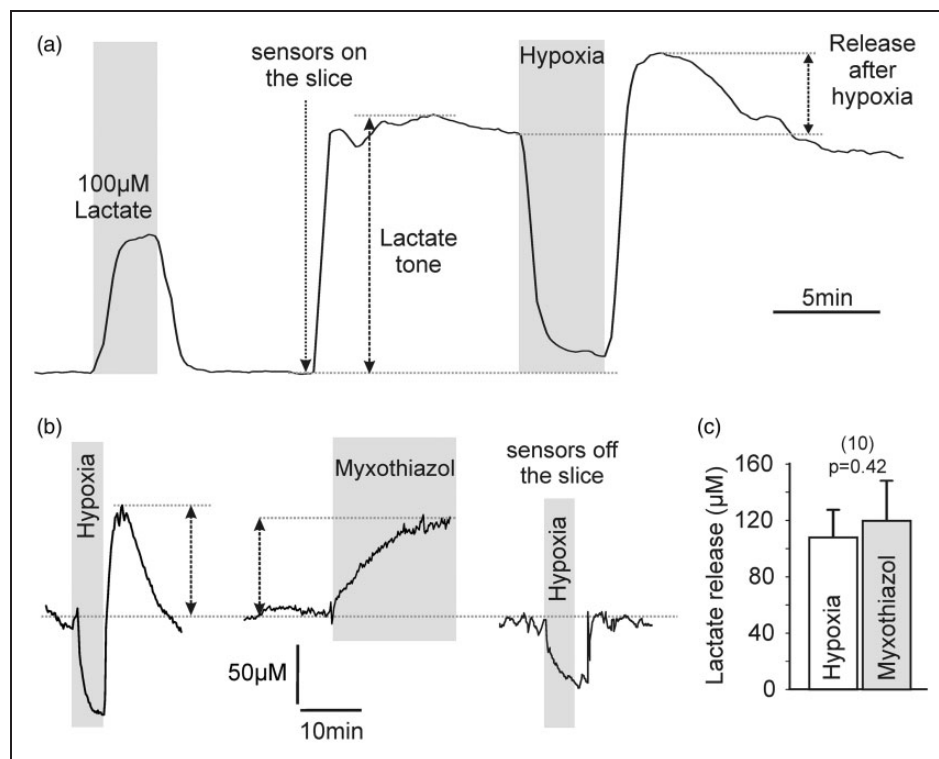
and confound the measurements. Null sensor currents were subtracted from the lactate biosensor currents. Biosensors were calibrated with known amount of lactate (10 or 100  $\mu\text{M}$ ) directly in the slice chamber (i.e. in the identical temperature, aCSF composition/osmolarity conditions) immediately before and after the recordings (Figure 2(b) and (c)). To convert changes in sensor current to changes in lactate concentration, the means of the initial and final calibrations were used.

Recordings were made from the slice placed on an elevated grid in a flow chamber at 35°C. Isohyric hypercapnia was mimicked by replacing normal aCSF with a solution containing 70 mM NaCl, 80 mM  $\text{NaHCO}_3$ , 3 mM KCl, 2 mM  $\text{CaCl}_2$ , 1.25 mM  $\text{NaH}_2\text{PO}_4$ , 1 mM  $\text{MgSO}_4$ , 10 mM Glucose saturated with 12%  $\text{CO}_2$  ( $\text{PCO}_2$  70–80 mmHg, pH 7.4). Hypoxic conditions were induced for 2–4 min by replacement of oxygen in the medium with nitrogen (perfusion of the chamber with aCSF saturated with 95%  $\text{N}_2/5\%$   $\text{CO}_2$ ). The effect of hypoxia was determined by measuring the peak lactate release upon re-oxygenation (Figure 3(a)) as previously

described.<sup>22</sup> This represents an accurate estimation of peak hypoxia-induced lactate release since similar release is triggered by application of a mitochondrial complex III inhibitor myxothiazol (2.5  $\mu\text{M}$ ) (Figure 3(b) and (c)).

### Electrophysiology

Coronal hippocampal slices (250  $\mu\text{m}$ ) were cut from the brains of 25–30-day-old Sprague-Dawley rats and incubated for 1 h in normal aCSF saturated with 95%  $\text{O}_2/5\%$   $\text{CO}_2$  (pH 7.4). Recordings were made in aCSF containing 2 mM  $\text{CaCl}_2$  and 2 mM  $\text{MgCl}_2$  at 33–35°C. AMPA-receptor (AMPA)-mediated currents were isolated by adding CGP-55845 (1  $\mu\text{M}$ ), D-APV (50  $\mu\text{M}$ ), strychnine (1  $\mu\text{M}$ ), picrotoxin (100  $\mu\text{M}$ ) and S-MCPG (200  $\mu\text{M}$ ). The pipette solution contained 117.5 mM Cs-gluconate, 17.5 mM CsCl, 10 mM KOH-HEPES, 10 mM BAPTA, 8 mM NaCl, 5 mM QX-314, 2 mM Mg-ATP, 0.3 mM GTP (pH 7.2, 295 mOsm, resistance 7–9  $\text{M}\Omega$ ). Damaged cells from the slice surface were removed by applying flow of pressurized



**Figure 3.** Facilitated release of lactate in response to hypoxia. (a) Representative example of changes in lactate biosensor current during calibration, after biosensor placement on the surface of the brainstem slice, and in response to a hypoxic challenge (perfusion with aCSF saturated with 95%  $\text{N}_2/5\%$   $\text{CO}_2$ ). Peak hypoxia-induced lactate release is measured upon re-oxygenation. (b) Representative examples of changes in lactate biosensor current recorded during and after hypoxia when the sensor is placed on the surface of the brain slice (left) or in the bath away from the slice (right) and on the surface of the slice during application of myxothiazol (middle). Decrease in  $\text{O}_2$  availability reduces biosensor current followed by a positive signal upon re-oxygenation (hypoxia-induced lactate release), which is only observed when the sensor is in a direct contact with the brain tissue. (c) Peak lactate efflux of a similar magnitude is triggered by hypoxia and myxothiazol.

perfusion solution delivered via a glass pipette (diameter 7–10  $\mu\text{m}$ ). Whole-cell voltage-clamp recordings were taken from CA1 pyramidal neurons. Signals were digitized at 10 kHz. Stimulation was applied using a bipolar tungsten electrode placed in the Schaffer collaterals area. Electrical stimuli were delivered every 15 s for 10 min in each experimental episode (application of drugs, change of extracellular  $[\text{Ca}^{2+}]$ ); 10 min intervals without stimulation were given between experimental episodes. Miniature ( $\sim 20 \mu\text{m}$  tip diameter) carbon fiber lactate biosensors were placed in the vicinity (within 15–20  $\mu\text{m}$ ) of the recorded neurons. Readings of the biosensor currents were taken every 0.5 s, and were synchronized with the recordings of the whole-cell AMPAR-mediated EPSCs.

### Drugs

Carbenoxolone (CBX) in 10  $\mu\text{M}$  concentration and probenecid (150  $\mu\text{M}$ ) were used to inhibit pannexin hemichannel activity. CBX (100–200  $\mu\text{M}$ ), 5-nitro-2-(3-phenylpropylamino)-benzoic acid (NPPB) (200  $\mu\text{M}$ ) and  $\text{La}^{3+}$  (100  $\mu\text{M}$ ) were used to interfere with connexin hemichannels. MCTs were inhibited with 4-CIN (250–500  $\mu\text{M}$ ). Ruthenium red (20  $\mu\text{M}$ ) was used to block CALHM1 channels. Tetrodotoxin (1  $\mu\text{M}$ ) and muscimol (100  $\mu\text{M}$ ) were applied to inhibit neuronal activity. EGTA (1 mM) was used to chelate  $\text{Ca}^{2+}$ . All drugs were from Sigma (Poole, UK).

### Data analysis

Lactate biosensor measurements were processed using 1401 interface and analyzed using *Spike 2* software (Cambridge Electronic Design). Data are reported as mean  $\pm$  S.E.M. Datasets were compared using paired samples Wilcoxon Signed Ranks Test or Student's paired or unpaired *t* test, as appropriate. Differences between groups with *p* values of less than 0.05 were considered significant.

### Results

Enzymatic amperometric lactate biosensors were used for real-time recordings of tonic-, hypoxia- and enhanced neuronal activity-stimulated release of lactate in acute slices of rat brainstem, hypothalamus, hippocampus and cortex.

#### Hemichannel-mediated tonic release of lactate

Tonic lactate efflux (lactate tone; Figure 2(c)) was detected when lactate biosensors were placed in a direct contact with the uncut ventral surface of the brainstem horizontal slices ( $278 \pm 12 \mu\text{M}$ ;  $n = 100$ ,

$p < 0.001$ ), coronal hypothalamic slices ( $349 \pm 46 \mu\text{M}$ ;  $n = 8$ ,  $p = 0.007$ ), or coronal cortical slices ( $229 \pm 15 \mu\text{M}$ ;  $n = 10$ ,  $p = 0.003$ ). Lactate tone detected on the slice surface was dramatically reduced by application of lactate dehydrogenase inhibitor oxamate (20 mM) (reduction in tone by  $-76 \pm 7\%$ ,  $n = 19$ ,  $p < 0.001$ , Figure 2(b)), confirming the analyte selectivity of the biosensor detection system.

Opening probability of hemichannels increases when extracellular  $[\text{Ca}^{2+}]$  decreases.<sup>23</sup> Lowering extracellular  $[\text{Ca}^{2+}]$  (from 2 mM to 0 mM with an addition of 1 mM EGTA to chelate residual  $\text{Ca}^{2+}$ ) facilitated release of lactate by the brainstem (by  $94 \pm 15 \mu\text{M}$ ;  $n = 22$ ,  $p = 0.001$ ) and cortical (by  $109 \pm 15 \mu\text{M}$ ;  $n = 5$ ,  $p = 0.03$ ) slices (Figure 2(c) and (e)). Opening probability of certain connexin hemichannels (e.g. connexin26) also increases in response to  $\text{CO}_2$ .<sup>15,24,25</sup> Isohydric hypercapnia (application of aCSF containing 80 mM  $\text{HCO}_3^-$ ,  $\text{PCO}_2$  70–80 mmHg, pH 7.4) facilitated lactate release from the ventral surface of the brainstem (by  $37 \pm 7 \mu\text{M}$ ;  $n = 10$ ,  $p = 0.003$ , Figure 2(e)). These data suggested that hemichannels may act as a conduit for lactate release.

To further investigate the role of pannexin/connexin hemichannels in mediating tonic release of lactate, we next applied compounds known to inhibit hemichannel activity. CBX and NPPB which block both pannexin and connexin hemichannels significantly reduced lactate tone (Figure 2(d) and (e)). CBX (100  $\mu\text{M}$ ) decreased lactate tone by  $65 \pm 12 \mu\text{M}$  ( $n = 14$ ,  $p < 0.001$ ) in the brainstem slices and by  $71 \pm 7 \mu\text{M}$  ( $n = 5$ ,  $p = 0.03$ ) in the cortical slices. NPPB (200  $\mu\text{M}$ ) had a similar effect in the brainstem slices (decrease in lactate tone by  $108 \pm 17 \mu\text{M}$  (35%);  $n = 8$ ,  $p = 0.007$ ). The amount of lactate released in response to lowering extracellular  $[\text{Ca}^{2+}]$  was also markedly reduced in the presence of CBX ( $-64 \pm 22\%$ ,  $n = 8$ ,  $p = 0.02$ ; Figure 2(e)).

Lactate tone was not affected by  $\text{La}^{3+}$  (100  $\mu\text{M}$ , Figure 2(e)) which is believed to inhibit connexin, but not pannexin hemichannels,<sup>26,27</sup> suggesting that the latter might be involved. Indeed, inhibition of pannexins by application of CBX at a low concentration (10  $\mu\text{M}$ ) or probenecid (150  $\mu\text{M}$ ) decreased lactate tone (CBX 10  $\mu\text{M}$ :  $-29 \pm 9 \mu\text{M}$ ,  $n = 12$ ,  $p = 0.002$ ; probenecid:  $-31 \pm 9 \mu\text{M}$ ,  $n = 13$ ,  $p = 0.003$ ) (Figure 2(e)). Interestingly, inhibitor of MCTs 4-CIN (250–500  $\mu\text{M}$ ) had no effect on tonic release of lactate by either brainstem or cortical slices (Figure 2(d) and (e)). Inhibition of neuronal activity by co-application of tetrodotoxin (TTX, 1  $\mu\text{M}$ ) and muscimol (100  $\mu\text{M}$ ) was associated with a small reduction in lactate tone ( $-12 \pm 4 \mu\text{M}$ ;  $n = 9$ ,  $p = 0.01$ , Figure 2(d) and (e)). Application of ruthenium red (20  $\mu\text{M}$ ) to block CALHM1 channels (which are also sensitive to low extracellular  $[\text{Ca}^{2+}]$ )<sup>28</sup>

did not reduce the lactate tone (increase by  $4.4 \pm 1.6 \mu\text{M}$ ,  $n = 10$ , Figure 2(e)).

Control tests were performed to determine whether the pharmacological agents used in this study have an effect on lactate biosensor detection system (Figure 1(b)). Only NPPB (200  $\mu\text{M}$ ) was found to reduce biosensor current by  $\sim 10\%$ , which is significantly less compared to the effect of the drug on currents generated by the biosensors when positioned on the brain slice (reduction in lactate tone by 35% and reduction in hypoxia-induced lactate release by  $> 50\%$ , see below).

### **Connexin hemichannels and MCTs mediate facilitated release of lactate during hypoxia**

Tissue hypoxia decreases mitochondrial utilization of pyruvate leading to an increase in lactate production and release. Since biosensors require oxygen to operate (*lactate oxidase* entrapped in the biosensor polymer layer converts lactate to pyruvate and  $\text{H}_2\text{O}_2$  which is detected electrochemically), decreases in  $\text{O}_2$  concentration (saturation of the media with 95%  $\text{N}_2/5\% \text{CO}_2$ ) reduce biosensor currents (Figure 3(a) and (b)). Therefore, lactate release induced by hypoxia can only be determined upon re-oxygenation<sup>22</sup> (increase in lactate release in the brainstem slices from  $219 \pm 16 \mu\text{M}$  to  $284 \pm 18 \mu\text{M}$ ;  $n = 61$ ;  $p < 0.001$ ; in the cortical slices from  $182 \pm 10 \mu\text{M}$  to  $302 \pm 26 \mu\text{M}$ ;  $n = 5$ ;  $p = 0.03$ ). These values represent an accurate estimation of peak hypoxia-induced lactate release since lactate efflux of a similar magnitude is triggered by bath application of the mitochondrial complex III inhibitor myxothiazol (Figure 3(b) and (c)). Hypoxia-induced lactate release was not affected by CBX applied at a low concentration (10  $\mu\text{M}$ ) (Figure 4(b)) or probenecid, suggesting that pannexins are not involved. However, lactate release triggered by hypoxia was significantly (by  $\sim 50\%$ ) reduced in the presence of either MCTs inhibitor 4-CIN (250  $\mu\text{M}$ ,  $p = 0.03$ ) or any of the tested connexin hemichannel blockers (CBX 100  $\mu\text{M}$ ,  $p = 0.006$ ; NPPB,  $p = 0.007$ ; or  $\text{La}^{3+}$ ,  $p = 0.001$ ) (Figure 4(a) and (b)). Blockade of the neuronal activity with TTX and muscimol resulted in a slightly higher peak lactate release in response to hypoxic challenge (Figure 4(a) and (b)).

### **Connexin hemichannels contribute to the release of lactate triggered by enhanced neuronal activity**

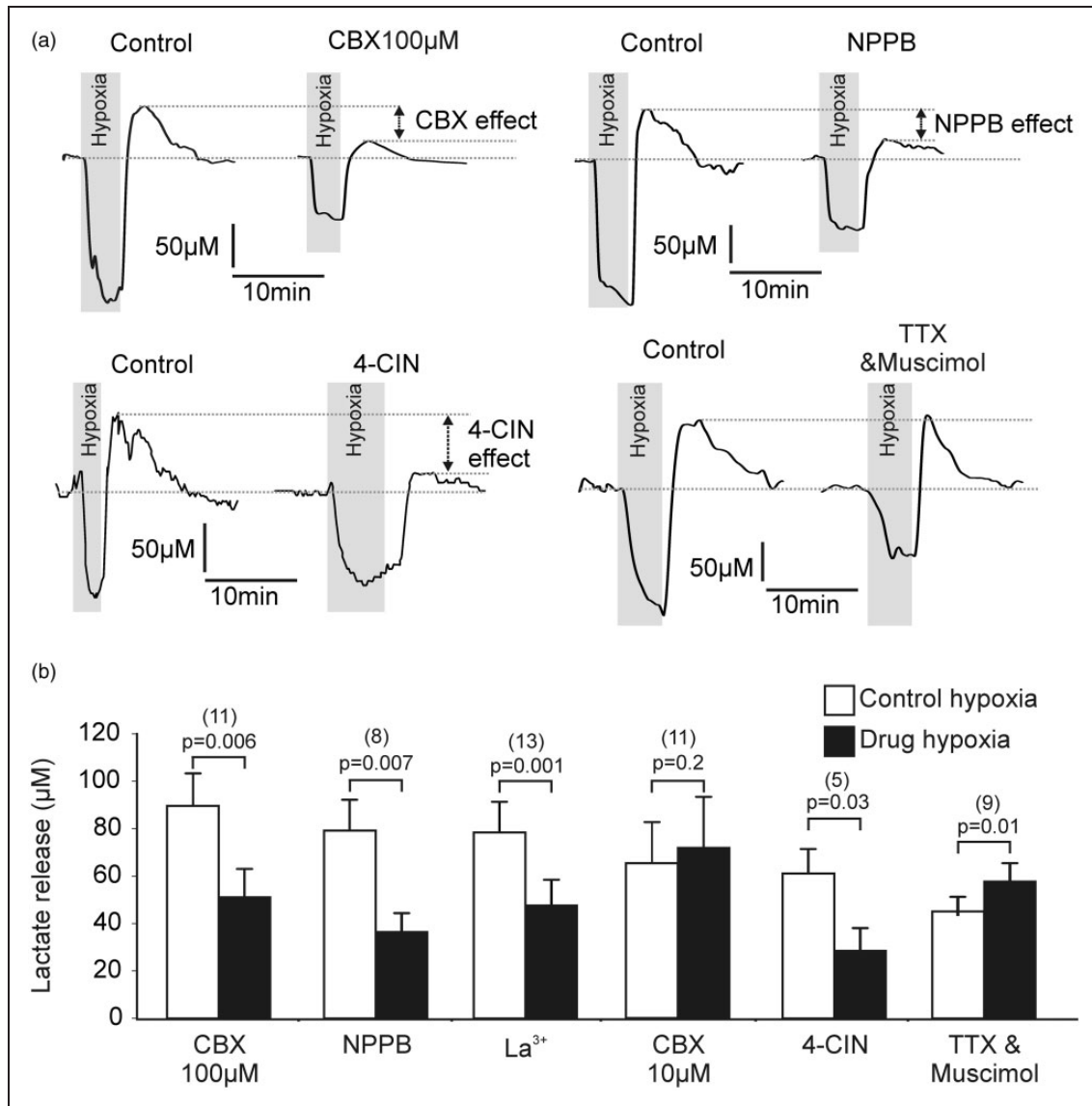
We next examined hemichannel involvement in the release of lactate driven by enhanced neuronal activity.<sup>29</sup> Miniature ( $\sim 20 \mu\text{m}$  in diameter) carbon fiber lactate biosensors placed in the vicinity of the patch-clamped hippocampal CA1 neurons (Figure 5(a)) recorded significant (peak release  $35 \pm 3 \mu\text{M}$ ,  $n = 11$ ) lactate release in response to stimulation of Schaffer

collateral fibers (Figure 5(b) and (d)). Lactate release in CA1 in response to stimulation of Schaffer collaterals was increased in low extracellular  $[\text{Ca}^{2+}]$  (0.2 mM) conditions (peak release  $48 \pm 4 \mu\text{M}$ ,  $n = 5$ ,  $p < 0.05$ ; Figure 5(b) and (d)), abolished in the presence of oxamate applied 20 min prior ( $n = 5$ ,  $p < 0.001$ ; Figure 5(b) and (d)), and markedly reduced by CBX (peak release  $12 \pm 2 \mu\text{M}$ ,  $n = 6$ ;  $p < 0.001$ ; Figure 5(d)). Simultaneous recordings of AMPA-receptor-mediated EPSCs showed that decreased release of lactate in the presence of CBX is associated with small decreases in the amplitude of the evoked EPSCs (Figure 5(c) and (e)). CBX applied at a low concentration (10  $\mu\text{M}$ ) had no effect on the evoked EPSCs and activity-dependent lactate release (Figure 5(c) to (e)).

## **Discussion**

Lactate is continuously produced by the brain parenchyma even in conditions of ample oxygen supply.<sup>30</sup> Glycolysis in the presence of oxygen (aerobic glycolysis) is an interesting feature of brain metabolism, and in resting conditions there is a net efflux of lactate from the CNS, i.e. lactate concentration in the venous blood is higher than in the arterial blood supplying the brain.<sup>31,32</sup> For decades it has been thought that MCTs are the only pathway of lactate transport from the cells which produce it. This dogma was challenged by the results of the recent study suggesting that lactate release may occur via the mechanisms involving certain membrane channels.<sup>11</sup> The data obtained in the present study suggest that these alternative mechanisms include pannexin and functional connexin hemichannels. We report that hemichannels are capable to function as a conduit of lactate release and this mechanism is recruited during hypoxia and periods of enhanced neuronal activity.

We show that tonic efflux of lactate can indeed be detected in hyperoxygenated environment ( $\text{PO}_2 > 500 \text{ mmHg}$  in standard conditions used for the experiments in brain slices superfused with aCSF saturated with 95%  $\text{O}_2/5\% \text{CO}_2$ ) in reduced preparations, such as acute brainstem, hypothalamic or cortical slices. Lactate tone detected on the intact ventral brainstem surface was similar to that recorded by the biosensors placed in a direct contact with coronal brain sections, indicating that damaged cells are not the primary source of this release. Lactate tone increased in conditions of low extracellular  $[\text{Ca}^{2+}]$  or high  $\text{PCO}_2$ , which favor hemichannel opening,<sup>15,24,25,33</sup> and decreased in the presence of pharmacological agents known to inhibit pannexin and connexin hemichannels. Efflux of lactate facilitated by hypoxia was significantly reduced by either connexin or MCT blockers. Lactate release in CA1 triggered in response to stimulation of



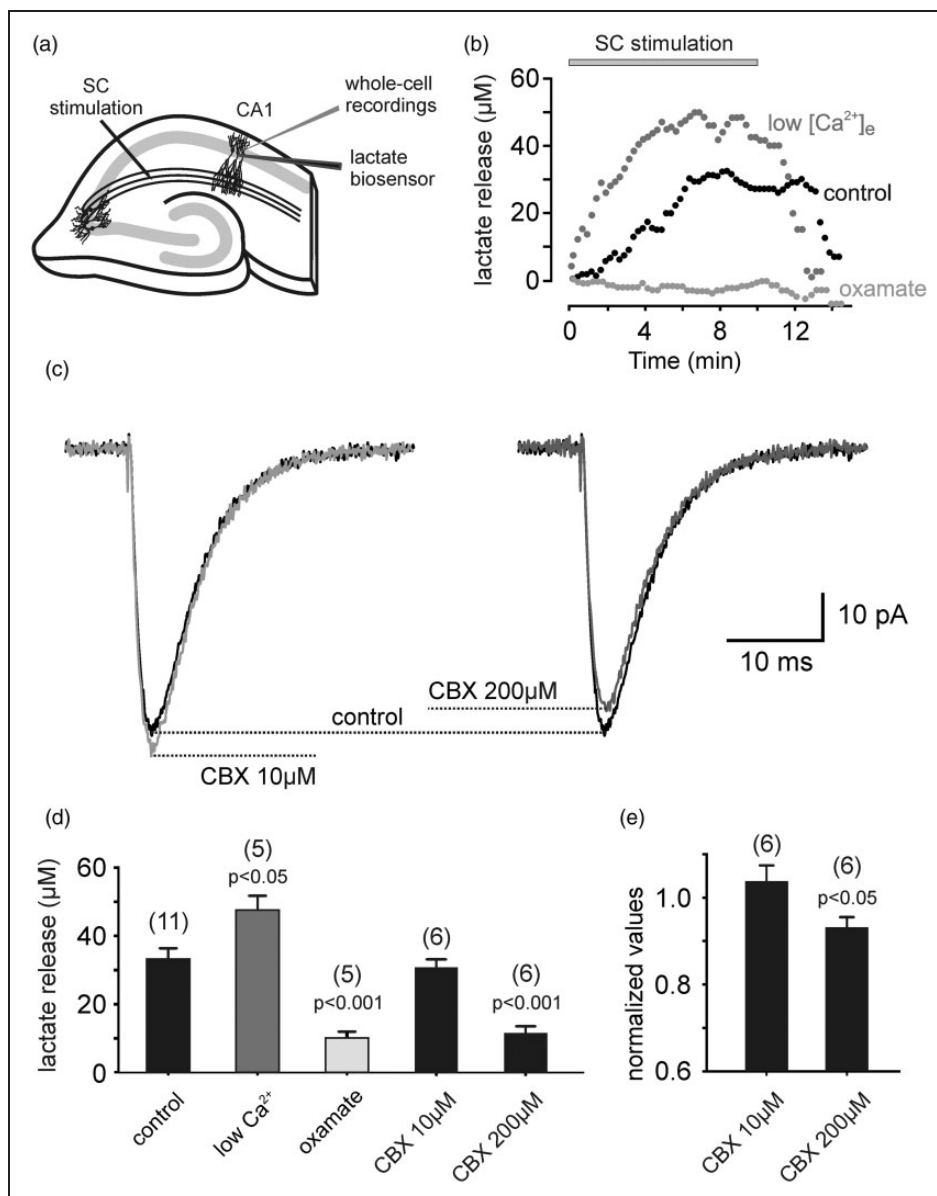
**Figure 4.** Connexin hemichannels and monocarboxylate transporters (MCTs) mediate facilitated release of lactate during hypoxia. (a) Representative recordings of changes in lactate biosensor current showing hypoxia-induced lactate release by the brainstem slices in the absence and presence of CBX (100 μM), NPPB (200 μM), 4-CIN (250 μM) or co-application of TTX (1 μM) and muscimol (100 μM); (b) Summary data illustrating peak hypoxia-induced lactate release in the absence and presence of CBX, NPPB, La<sup>3+</sup>, 4-CIN, TTX+muscimol.

Schaffer collaterals was enhanced in low extracellular [Ca<sup>2+</sup>] and reduced by CBX. This is interesting because lowering extracellular [Ca<sup>2+</sup>] should reduce the synaptic strength and affect neuronal responses in the projection area. This observation suggests that release of lactate might be uncoupled from synaptic activity responding to ionic movements associated with axonal and dendritic membrane potentials propagation. For example, there is recent evidence showing that an increase in extracellular concentration of K<sup>+</sup> (within the physiological range) is sufficient to trigger release of lactate by astrocytes.<sup>11</sup> Through hemichannels or other

unidentified channels,<sup>11</sup> the lactate anion (Lac<sup>-</sup>) can exit cells without the involvement of the proton and facilitate Na<sup>+</sup> entry (through the activity of sodium-coupled MCTs), which is required by the Na<sup>+</sup>/K<sup>+</sup>ATPase for uptake of neuronally released K<sup>+</sup>.

It needs to be acknowledged that none of the pharmacological compounds available today are specific hemichannel blockers. Nevertheless, they all have different off target effects strongly suggesting that hemichannels are responsible for this lactate release. Facilitated lactate release in response to lowering extracellular [Ca<sup>2+</sup>] or increases in tissue PCO<sub>2</sub> further supports this conclusion.





**Figure 5.** Connexin hemichannels contribute to the increases in lactate release triggered by enhanced neuronal activity. (a) Schematic drawing of the experimental design. Miniature (20 µm) carbon fiber lactate biosensors were placed in the vicinity of the patch-clamped hippocampal CA1 neurons to record lactate release in response to electrical stimulation of Schaffer collateral (SC) fibers; (b) Representative recordings of changes in biosensor current illustrating lactate release in CA1 in response to stimulation of Schaffer collaterals in control and low (0.2 mM) extracellular [Ca<sup>2+</sup>]<sub>e</sub> conditions and in the presence of oxamate (20 mM). Schaffer collaterals were stimulated for 10 min; (c) Representative AMPAR EPSCs recorded in the absence and presence of CBX (each trace is an average of 10); (d) Summary data illustrating peak lactate release in CA1 area in response to stimulation of Schaffer collaterals in control and low extracellular [Ca<sup>2+</sup>]<sub>e</sub> conditions, in the presence of oxamate or CBX; (e) Summary data illustrating amplitudes of AMPAR-mediated EPSCs normalized to the control values.

Our pharmacological survey also suggests that other membrane channels sensitive to changes in extracellular [Ca<sup>2+</sup>]<sub>e</sub> (e.g. CALHM1, effectively blocked by Ruthenium red) are unlikely to be involved.

These results provide strong evidence that MCTs are not the sole conduit of lactate release in the CNS. It is rather surprising that the evidence of membrane

channel-mediated lactate release was only recently reported,<sup>11</sup> considering that molecules as large as ATP and glucose are known to be transported via hemichannel opening.<sup>12–18,25</sup> All cells of the brain parenchyma (neurons, astrocytes, oligodendrocytes and microglia) express pannexins and connexins and identification of the exact source(s) of lactate release detected by the

biosensors on the surface of the brain slice *in vitro* is beyond the scope of the present study. Nevertheless, the existing evidence points to astroglia as an important source of lactate release. Recent studies involving measurements of cytosolic lactate concentration in astrocytes using genetically encoded fluorescence sensors reported values of ~1.4 mM and concluded that at resting conditions astrocytes maintain a steady-state reservoir of lactate allowing its rapid mobilization.<sup>11</sup> Pharmacological compounds which are expected to significantly reduce neuronal activity (TTX and muscimol) had only a small effect on tonic lactate release, while astroglial activity appears to correlate well with lactate production and release by these cells.<sup>2,6,11</sup>

In summary, we show that pannexin and/or connexin hemichannels are capable of functioning as a conduit of lactate transport across the membrane and this mechanism is recruited in conditions of low  $PO_2$ , high  $PCO_2$  or during periods of enhanced neuronal activity. The identified mechanism may play a role in providing rapid and effective local supply of lactate to meet increased metabolic demands of active neurons. Indeed, extracellular  $[Ca^{2+}]$  can decrease to ~0.7 mM during periods of intense neuronal activity.<sup>34–37</sup> This would increase opening probability of hemichannels expressed by neighbouring astrocytes leading to highly localized neuronal activity-driven release of lactate “on-site”. Neuronal activity-dependent opening of connexin hemichannels triggered by decreases in extracellular  $[Ca^{2+}]$  (and leading to the release of ATP) has been demonstrated previously.<sup>38</sup> At rest, hemichannel-mediated mechanisms may contribute to the convective flux of lactate across the astrocytic syncytium and its clearance from the brain via the circulation<sup>3</sup> and/or the glymphatic system.<sup>39</sup> During physical activity, when peripheral lactate is fuelling our brains, hemichannels are hypothesized to play an important role in the effective uptake of this metabolic substrate from the arterial blood.

### Funding

This study was supported by The Wellcome Trust. A.V.G is a Wellcome Trust Senior Research Fellow (ref. 095064). S.S. research is funded by Moray Endowment Grant and Wellcome Trust ISSF-2 Grant 217SSV.

### Declaration of conflicting interests

The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

### Authors' contributions

A.V.G. and S.S. conceived and designed the experiments. A.K., S.S., A.H. and P.S.H. collected, assembled and analyzed the data. A.V.G., S.S. and S.K. interpreted the data. A.V.G. and S.K. wrote the article. All authors revised the article critically for important intellectual content.

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