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1 **Can primary care data predict those most vulnerable to cold weather?**

2

3 Abstract

4 Background:

5 NICE recommends GPs use routinely available data to identify patients most at risk of death and ill-
6 health from living in cold homes.

7 Aim:

8 We investigated whether socio-demographic, medical and house quality characteristics could predict
9 cold-related mortality.

10 Design and Setting:

11 A case-crossover analysis was conducted on 34,777 patients aged 65+ from the Clinical Practice
12 Research Datalink who died between April 2012 and March 2014. From Meteorological Office data,
13 we calculated average temperature of date of death and 3 days previously. We also calculated the
14 average 3-day temperature for the 28th day before/after date of death, and compared those
15 temperatures with those experienced around the date of death.

16 Method:

17 Conditional logistic regression was applied to estimate the odds ratio (OR) of death associated with
18 temperature and interactions between temperature and socio-demographic, medical and house
19 quality characteristics, expressed as relative odds ratios (RORs).

20 Results and Conclusion:

21 Lower 3-day temperature was associated with higher risk of death (OR 1.011 per 1°C fall; 95%CI
22 1.007-1.015; p<0.001). No modifying effects were observed for socio-demographic, medical and
23 house quality characteristics. Analysis of winter deaths for causes typically associated with excess
24 winter mortality (N=7,710) showed some evidence of a weaker effect of lower 3-day temperature
25 for women (ROR 0.980 per 1°C, 95%CI 0.959-1.002, p=0.082), and a stronger effect for patients living
26 in northern England (ROR 1.040 per 1°C, 95%CI 1.013-1.066, p=0.002). It is unlikely GPs can identify
27 older patients at highest risk of cold-related death using routinely available data, and NICE may need
28 to refine its guidance.

29

30 How this fits in

31 Because of excess winter mortality in England and Wales, NICE recommends GPs use existing data to
32 identify patients most at risk from living in a cold home.

33 When analysing routine data from over 300 general practices on patients aged over 65 who died
34 over a two-year period, we found that every 1⁰C drop in temperature was associated with a
35 mortality increase of 1.1%.

36 However, we found little evidence that vulnerable subgroups could be identified using routine data.

37 It is unlikely that GPs can use medical records to identify older patients most at risk from cold
38 weather.

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57 **Introduction**

58 The phenomenon of excess winter deaths, whereby the death rate is higher during winter months
59 than at other times of the year, is found worldwide, but appears particularly marked for the UK.(1-3)
60 It is generally thought that there are two biological mechanisms, increased blood pressure and
61 increased clotting, through which cold might exert its effect.(4) The twin environmental issues of
62 cold housing and fuel poverty have been highlighted.(5) Wilkinson and associates found associations
63 between excess winter mortality and the age of the property, and poor thermal efficiency ratings.(6)
64 Though ecological studies in the UK found no relation of deprivation to increased mortality during
65 cold weather, some evidence was found for age, gender, and medical (chronic) conditions.(7-11) In
66 2015, the National Institute for Health and Care Excellence (NICE) guideline on excess winter
67 deaths(12) recommended that primary care team practitioners should help identify people at risk of
68 ill health from living in a cold home in collaboration with relevant local authority departments, using
69 existing data and professional contacts. Assessing the heating needs of primary care patients once a
70 year should be done during a home visit or elsewhere.(13, 14) We aimed to assess whether primary
71 care staff are able to identify people at risk during cold snaps, using a simple algorithm based on
72 information on clinical factors, socio-demographic characteristics, living situation and location
73 provided in electronic patient's records (EPR). As GP home visits are undertaken opportunistically
74 rather than systematically, and cannot reliably identify all those at risk from poorly heated homes,
75 we used house energy efficiency at LSOA level as a marker of risk. We focused on patients aged 65
76 and over as these patients are most at risk from temperature-related mortality.(8)

77

78 **Methods**

79 Study design and setting

80 We obtained data from the Clinical Practice Research Datalink (CPRD), which contains current data
81 on 4.4 million anonymised patient records (6.9% of the UK population) and are nationally
82 representative for age, sex and ethnicity.(15) The patients' postcode is recorded at the general
83 practice, and used to assign a lower super output area (LSOA) of residence. The CPRD can be linked
84 with Hospital Episode Statistics (HES) and Office for National Statistics (ONS) mortality data in
85 England(16), and we investigated patients in CPRD who could be linked by their NHS number to
86 these data in England.

87 This study tested the association between periods of cold absolute temperatures over a short period
88 and risk of death by making use of a case-crossover design as we expected cold temperature to be
89 intermittent, and to have an immediate and transient effect.(17) In a case-crossover design each
90 participant serves as his/her own control, which eliminates potential influence of between
91 participant variation. Within this study two control times are supplied by each of the cases
92 themselves, using symmetric bidirectional sampling, i.e. past and future controls, to adjust for
93 possible calendar time trends.(18) We particularly aimed to identify subgroups for whom the
94 relationship between temperature and death was strongest, since these subgroups would contain
95 those most vulnerable.

96

97 Measuring temperature, and lag periods

98 We used daily temperature data from the Met Office. We ensured that data were collated between
99 weather stations within each of the 10 English Strategic Health Authorities (SHAs), so that for any
100 given day, only one value of the relevant weather variable was assigned to every practice and
101 patient within each authority. We chose the station with the overall highest correlation with all
102 other stations within the same SHA. These temperature data were used to calculate the average
103 daily temperature over a lag period. There is no agreement about the lag period of mortality
104 following cold periods, ranging from a few days to 23 days, though a recent systematic review
105 concluded that lags of up to 9 days in exposure to cold temperature intervals were substantially
106 associated with all-cause mortality.(19, 20) In this study, we focus on the impact of the temperature
107 for the date of death and 3 days previously (3-days lag period), assuming that a more immediate
108 impact of temperature is bigger and therefore it may allow for a quicker interventions by GPs. We
109 also used this 3 days lag period for both temperature measures for the 28th day before and the 28th
110 day after the date of death (control dates). We choose the 28th day to adjust for the longer term,
111 season-related effects of temperature so that the effect of the 3-day mean represents a short-term
112 effect only. In a sensitivity analysis we focused on the impact of the temperature based on a 13-days
113 lag period, as suggested by Armstrong(7). The mean and median of the temperature measures are
114 presented in table 1, demonstrating that temperatures were lower on dates of death than on
115 control dates.

116 HERE Table 1

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118 Effect modifiers

119 We investigated whether any of the following modified the effect of 3-day temperature: age
120 (categorised as 65-74, 75-84, or 85 and older), living in institution (coded according to whether
121 patients' family ID number appeared more than twice in our CPRD patient file) whose prevalence
122 rises with age (21), quintiles of the 2015 English Indices of Multiple Deprivation (IMD2015) score,
123 calculated at LSOA residence level, house energy efficiency at LSOA level (using percentage of
124 properties at LSOA level with ratings of E, F or G, indicating efficiency lower than 55%), urbanicity
125 (categorised as conurbation, urban or rural), and north/south of England location (south defined as
126 located in the South West, South Central, London, East of England or South East of England SHAs). In
127 addition, from the CPRD immunisation file we identified patients who had undergone their winter flu
128 vaccination (see Supplementary Box 1).

129 From linked Hospital Episode Statistics, we determined whether an emergency hospital admission
130 occurred two years before death to indicate previous health status. We also determined who was
131 diagnosed with one or more of the following seven chronic conditions: chronic renal disease(22),
132 cancer(23), asthma(22), stroke(24), coronary heart disease(24), diabetes(24), COPD(25) using
133 published clinical code lists as collected in the Manchester Clinical Codes repository.(26)

134

135 Statistical methods

136 Conditional logistic regression models may be applied to these case-crossover data to estimate the
137 odds of exposure to the temperature on the date of death, relative to the odds of exposure to the
138 temperature on the "control" dates. This is equivalent to the odds of death given the temperature
139 on the date of death, compared with that on the control dates. We thus estimated not only the odds
140 ratio (OR) of death associated with 3-day temperature but also interactions between temperature
141 and socio-demographic, medical and house quality characteristics: these interactions were
142 expressed as relative odds ratios (RORs). Since certain causes of death are documented as being
143 responsible for the vast majority of excess winter deaths(27), we focused our second analysis on
144 patients who died in winter of diseases of the circulatory system, respiratory system, nervous
145 system, and mental and behavioural disorders, using the International Classification of Diseases
146 (ICD)-10 classification. Among the 34,777 patients in our study those conditions showed higher
147 death rates in winter than in other seasons (Supplementary table 1).

148

149 HERE Tables 2 and 3

150

151

152 **Results**

153 537,623 patients within 322 English general practices were eligible in the CPRD source population for
154 linkage to HES and ONS mortality data and aged 65 or older during at least a part of the observation
155 period April 1, 2012 to March 31, 2014. Linkage of ONS mortality data to the study population
156 revealed 34,777 patients aged over 65 who died between April 1, 2012 and March 31, 2014: 6,445
157 (18.5%) died at the age 65-74, 11,525 (33.1%) at the age 75-84, and 16,807 (48.3%) at the age of 85
158 and over. This was similar to percentages for all deaths over 65 years' age in England and Wales in
159 2012-2014, being 19.3%, 34.7%, and 46.0% for the three age groups. After excluding 25 individuals
160 with missing data on deprivation, the total number of deaths used in the analyses was 34,752, of
161 whom 7,710 died during winter months of causes most related to winter mortality (supplementary
162 Table 1). These patients are described in Table 2: Chi-square tests show that those who died in
163 winter due to those causes were more likely to be female, aged over 85, live in institutions, and less
164 likely to have experienced an emergency hospital admission two years prior death or to suffer
165 chronic conditions.

166 Lower 3-day temperature was associated with higher risk of death (OR 1.001 per 1°C; 95%CI 1.007;
167 1.015; $p < 0.001$) (Table 3). No interactions were found between temperature measures and age,
168 gender, living in an institution, living in urban/rural areas, living in northern or southern part of
169 England, deprivation level, or house energy efficiency in either unadjusted analyses - containing only
170 the absolute temperature and their interaction with a specific covariate, or adjusted analyses which
171 allowed for interactions between temperature and all covariates simultaneously (Table 4).

172 We further examined the effect for winter flu vaccination undertaken yearly between September
173 and October. (28) 57% of the patients in this analysis had taken their flu vaccination, which is lower
174 than the 73% for the whole elderly population. (29) Flu vaccination made no impact on protection
175 from cold temperature.

176

177 HERE Table 4

178

179 When using mean temperature over 13 days prior to the date of death (or equivalent control dates),
180 a similar association was found for absolute temperature (Table 3: OR 1.013 per 1°C; 95%CI 1.008-
181 1.018; $p < 0.001$). Nearly all interactions between temperature measures and socio-demographic
182 measures were non-significant in both unadjusted and adjusted analysis (Supplementary table 2).
183 Both the unadjusted and the adjusted analysis showed evidence for a stronger effect of low 13-day

184 temperature for patients living in northern part of England (unadjusted ROR northern England: 1.009
185 per 1°C, 95%CI 0.999-1.019; p=0.084; adjusted ROR 1.010, 95%CI 0.999-1.020, p=0.078, see
186 Supplementary Table 2).

187

188 When focusing on patients who died in winter of diseases related to the circulatory system,
189 respiratory system, nervous system, or mental and behavioural disorders, bivariable analyses
190 showed lower 3-day temperature was associated with higher risk of death (OR 1.079 per 1°C; 95%CI
191 1.067-1.091; p<0.001) (Table 3). There was little evidence of interactions between temperature
192 measures and socio-demographic variables (Table 5), although there was weak evidence for a
193 reduced effect of lower temperature for female patients (adjusted ROR per 1°C for females: 0.980,
194 95%CI 0.959-1.002, p=0.082), suggesting more impact of 3-day temperature for male patients.
195 Furthermore, there was some evidence of a stronger effect of lower absolute temperatures for
196 patients living in northern part of England in the unadjusted analysis (ROR per 1°C for north England:
197 1.037, 95%CI 1.013-1.063; p=0.002), and in the adjusted analysis (ROR 1.040 per 1°C, 95%CI 1.013-
198 1.066, p=0.002). Similar associations were found when using mean temperature over 13 days prior
199 to the date of death (or equivalent control dates) (Supplementary Table 3).

200

201 HERE Table 5

202

203 Discussion

204 Summary

205 This analysis of routine medical records held over 300 general practices in England has confirmed
206 that lower temperatures over 3 and 13-day periods were associated with increased risk of death in
207 people aged over 65 years. These effects were particularly marked for deaths occurring in the winter
208 months, for the circulatory and respiratory causes typically associated with excess winter mortality.
209 However, although we found some evidence that patients living in northern parts of England and
210 men were more vulnerable to cold weather, we were unable to demonstrate changes in effects
211 when comparing characteristics such as age, living situation and location, presence of chronic
212 diseases, and average local housing energy efficiency.

213 Strengths and limitations

214 This was a large study, including 537,623 patients from 322 practices across England, which are
215 considered broadly representative of all English practices.(15) More than 34,000 deaths were
216 included, making this analysis particularly powerful for investigating interactions, compared with our
217 previous work.(4) We employed a case-crossover analysis, which is particularly powerful for
218 investigating the effect of short term exposures such as low temperature on discrete outcomes, and
219 is free of confounding effects of between-person variables.(17, 18) Any interactions detected
220 however would not carry this advantage. The study used a wide range of covariates, including socio-
221 demographic, geographic, medical and house quality characteristics, although marital status could
222 not be included due to many missing data in CPRD. Our study focussed on recent winters of 2012/13
223 and 2013/14, but the winter 2013/14 showed the lowest number of excess winter deaths since
224 records began in 1950/51(27), making it harder to detect associations.

225 It is possible that reasons for winter deaths may lie outside purely medical explanations. In
226 particular, improvements to housing through insulation or servicing of boilers, more suitable
227 clothing or heating in cold weather, and property characteristics such as constructing and age(30)
228 may carry more influence. Our study included a measure of energy efficiency in homes in the
229 patient's LSOA – this however was of limited value since it could not be attributed to an individual
230 patient's home condition. Furthermore, energy performance data only exist for properties when
231 constructed, sold or let, in particular those which have been on the property market since 2010:
232 relevant data may therefore be particularly lacking for people aged over 65, and explain the lack of
233 association with temperature related mortality in our analysis.

234 Our study investigated differences in *relative* risk between subgroups of patients, but in the absence
235 of differences in relative risk, it is still likely that those who are constantly at high risk (such as the
236 very elderly) will show the greatest increase in *absolute* risk during periods of cold weather.

237

238 Comparison with existing literature

239 Some ecological studies in Great Britain investigated the relationship between excess winter
240 mortality and deprivation, and found a weak or no association (8-11), in line with our results. Aylin et
241 al. concluded from an ecological study that lack of central heating was significantly associated with
242 dying in winter(11), though Wilkinson et al. found no association between difficulties in keeping the
243 house warm and vulnerability to winter mortality in their cohort study(7), in line with our results
244 using an average house energy efficiency measure. Furthermore, Wilkinson et al. found little
245 evidence for differences between regions, age groups, and markers for illness such as shortness of

246 breath, depression or taking more than five medications, but found some evidence of increased
247 vulnerability for women and patients with pre-existing respiratory illness.(7) Similar to Wilkinson et
248 al. our results showed no differences between age groups. However, we found some evidence of
249 less impact of low temperature for women in winter for causes typically associated with excess
250 winter mortality, but we didn't find associations for patients with previous emergency admission(s)
251 and patients with chronic conditions. Hajat et al. observed little modification of the cold effect by
252 gender in their ecological study, but did find people in nursing and care homes were more
253 vulnerable to both hot and cold weather.(8) Our study didn't find an association between living in
254 institutions and risk of death related to cold weather.

255

256

257 Implications for research and/or practice

258 We have not found evidence to support the use of existing data in medical records to identify those
259 at increased risk of death during cold periods, leaving GPs without the necessary tools to implement
260 NICE recommendations. Alternatively, GPs or general practices might identify vulnerable patients by
261 communication with other medical staff to increase knowledge about patients, so-called team-based
262 continuity of care, or by improving access and use of comprehensive information about patient's
263 previous health care encounters for providers caring for a patient, so-called informational continuity.

264 It has been demonstrated that although individual days which are exceptionally cold carry the
265 highest risk, such days are rare, and that the majority of deaths due to cold weather are attributable
266 to moderate cold rather than severe cold.(2) If public health interventions or advice to patients are
267 geared only to self-care on the coldest days, little impact will be made on the burden of excess
268 winter mortality. Population level interventions which focus on the effects of moderate cold are
269 most likely to decrease burden in the population and the need for emergency medical care.
270 Evaluative studies of innovations in building designs are required, at the same time that such
271 innovations are occurring, or of retrospective improvements of older housing stock.

272

273 Conclusion

274 The present study provides no evidence that GPs can easily identify those at risk during cold periods
275 from data available in existing electronic records. Alternative methods are needed if GPs are to be
276 equipped to operationalise NICE recommendations.

277

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281

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Table 1: Distribution of temperature measures around dates of death, and 28 days before and after deaths

Temperature	Mean (Median, Interquartile range)	
	Whole study period	Wintertime within study period ¹
Absolute daily mean temperature in degree Celsius, 3-days lag period, 28th day before death	9.623 (8.775, 6.000-13.800)	5.492 (5.900, 4.100-7.325)
Absolute daily mean temperature in degree Celsius, 3-days lag period, date of death	9.543 (8.700, 5.875-13.675)	5.111 (5.450, 3.325-7.125)
Absolute daily mean temperature in degree Celsius, 3-days lag period, 28th day after death	9.669 (9.125, 5.950-13.700)	5.738 (5.875, 3.425-8.075)
Absolute daily mean temperature in degree Celsius, 13-days lag period, 28th day before death	9.630 (8.779, 6.029-13.736)	5.673 (5.986, 4.443-7.064)
Absolute daily mean temperature in degree Celsius, 13-days lag period, date of death	9.552 (8.700, 5.982-13.614)	5.168 (5.457, 3.586-6.707)
Absolute daily mean temperature in degree Celsius, 13-days lag period, 28th day after death	9.665 (9.143, 6.036-13.664)	5.649 (5.879, 3.564-7.457)

¹ months December-March between 1/04/2012 and 31/03/2014.

Table 2: Characteristics of 34,752 patients who died and used in case-crossover analysis

Patient characteristic	No. (%) died between 1/4/2012 and 31/3/2014	No. (%) died in winter months (Dec-Mar) between 1/4/2012 and 31/3/2014 due to diseases of the circulatory system, respiratory system, nervous system, or mental and behavioural disorders	No. (%) died in other seasons and/or due to other diseases
<i>Gender</i>			
Male	16,043 (46.2)	3,337 (43.3)	12,706 (47.0%)
Female	18,709 (53.8)	4,373 (56.7)	14,336 (53.0%)
<i>Age died</i>			
65-74	6,442 (18.5)	920 (11.9)	5,522 (20.4%)
75-84	11,516 (33.1)	2,400 (31.1)	9,116 (33.7%)
85+	16,794 (48.3)	4,390 (57.0)	12,404 (45.9%)
<i>Living situation</i>			
Community	31,671 (91.1)	6,833 (88.6)	24,838 (91.9%)
Institution	3,081 (8.9)	877 (11.4)	2,204 (8.1%)
<i>Location</i>			
Urban conurbation	10,583 (30.5)	2,339 (30.3)	8,244 (30.5%)
Cities and towns	20,198 (58.1)	4,496 (58.3)	15,702 (58.1%)
Rural	3,971 (11.4)	875 (11.4)	3,096 (11.4%)
<i>Deprivation level (IMD)</i>			
Q1 (least deprived)	7,217 (20.8)	1,555 (20.2)	5,662 (20.9%)
Q2	8,051 (23.2)	1,756 (22.8)	6,285 (23.3%)
Q3	7,473 (21.5)	1,704 (22.1)	5,769 (21.3%)
Q4	6,362 (18.3)	1,435 (18.6)	4,927 (18.2%)
Q5 (most deprived)	5,649 (16.3)	1,260 (16.3)	4,389 (16.2%)
<i>House energy efficiency</i>			
Q1 (lowest inefficiency)	5,206 (15.0)	1,173 (15.2)	4,033 (14.9%)
Q2	8,115 (23.4)	1,813 (23.5)	6,302 (23.3%)
Q3	8,216 (23.6)	1,821 (23.6)	6,395 (23.7%)
Q4	7,845 (22.6)	1,731 (22.5)	6,114 (22.6%)
Q5 (highest inefficiency)	5,370 (15.5)	1,172 (15.2)	4,198 (15.5%)
<i>Emergency hospital admission within 2 years of death</i>			
No	6,081 (17.5)	1,575 (20.4)	4,506 (16.7%)
Yes	28,671 (82.5)	6,135 (79.6)	22,536 (83.3%)
<i>Chronic condition(s)¹</i>			
No	21,259 (61.2)	5,601 (72.7)	15,658 (57.9%)
Yes	13,493 (38.8)	2,109 (27.3)	11,384 (42.1%)
<i>Region</i>			
South	11,593 (33.4)	2,593 (33.6)	9,000 (33.3%)
North	23,159 (66.6)	5,117 (66.4)	18,042 (66.7%)
<i>Total</i>	34,752 (100.0)	7,710 (100.0)	27,042 (100.0%)

¹Diagnosed with one or more of the following seven chronic conditions: chronic renal disease, cancer, asthma, stroke, coronary heart disease, diabetes, or COPD.

Table 3: Main effects from a univariable analysis of relationship between 1°C fall in average temperature in degrees Celsius (3-days lag period)¹ and death (odds ratios (p-value)), using 28th day before and after date of death as control days.

	3-days lag			13-days lag		
	OR	95%CI	p	OR	95%CI	p
Overall	1.011	1.007; 1.015	<0.001	1.013	1.008; 1.018	<0.001
Winter time ²	1.079	1.067; 1.091	<0.001	1.138	1.121; 1.155	<0.001

¹ Based on temperatures of date of death and 3 days previous (case day), and 28th day before date of death and 3 days previous and 28th day after date of death and 3 days previous (control days).

² Those who died in the months December-March of diseases of the circulatory system, respiratory system, nervous system, or mental and behavioural disorders.

Table 4: Unadjusted and adjusted interaction effects with average temperature fall per 1 degree Celsius (3-days lag period)¹ on death among patients aged 65 or older who died in the financial years 2012/13-2013/14 (N=34,752 deaths).

	Unadjusted				Adjusted			
	OR ²	ROR ³	95% CI	P-value	ROR	95% CI	P-value	
Temperature*gender (ref.=male)	1.012							
Female	1.009	0.997	0.989; 1.005	0.474	0.996	0.996; 1.005	0.420	
Temperature*age died (ref.=65-74)	1.011							
75-84	1.010	0.999	0.987; 1.011	0.877	1.000	0.987; 1.012	0.937	
85+	1.011	1.001	0.989; 1.012	0.901	1.002	0.991; 1.014	0.696	
Temperature*community (ref.) or institution	1.012							
Institution	1.003	0.992	0.978; 1.006	0.263	0.990	0.976; 1.006	0.220	
Temperature*urban (ref.=urban conurbation)	1.013							
Cities and towns	1.010	0.997	0.988; 1.006	0.531	1.000	0.990; 1.010	0.990	
Rural	1.009	0.996	0.982; 1.011	0.637	0.998	0.982; 1.014	0.791	
Temperature*IMD (ref.=Q1)	1.008							
Q2	1.011	1.003	0.991; 1.016	0.586	1.003	0.991; 1.015	0.614	
Q3	1.010	1.002	0.989; 1.015	0.738	1.002	0.989; 1.015	0.753	
Q4	1.011	1.003	0.990; 1.017	0.616	1.003	0.990; 1.017	0.637	
Q5 (most deprived)	1.015	1.007	0.993; 1.020	0.346	1.005	0.991; 1.020	0.478	
Temperature*house energy efficiency(ref.=Q1)	1.009							
Q2	1.013	1.003	0.989; 1.017	0.659	1.004	0.990; 1.018	0.553	
Q3	1.009	1.000	0.986; 1.014	0.988	1.001	0.987; 1.015	0.856	
Q4	1.009	0.999	0.985; 1.013	0.914	1.001	0.987; 1.016	0.857	
Q5 (highest inefficiency)	1.014	1.005	0.989; 1.020	0.550	1.007	0.991; 1.025	0.374	
Temperature*emergency admission (ref.=no)	1.017							
Yes	1.010	0.993	0.982; 1.004	0.220	0.992	0.981; 1.003	0.164	
Temperature*chronic conditions ⁴ (ref.=no)	1.012							
Yes	1.009	0.997	0.988; 1.005	0.467	0.997	0.988; 1.005	0.468	
Temperature*north/south divide (ref.=south)	1.008							
North	1.016	1.008	0.999; 1.017	0.100	1.008	0.998; 1.017	0.118	

¹ Based on temperatures of date of death and 3 days previous (case day), and 28th day before date of death and 3 days previous and 28th day after date of death and 3 days previous (control days).

² Odds ratio per 1-degree Celsius fall in temperature.

³ Relative odds ratio to indicate modifying effect of factor to temperature: e.g. for gender: odds ratio for females divided by odds ratio for males: ROR female=1.009/1.012=0.997.

⁴ Diagnosed with one or more of the following seven chronic conditions: chronic renal disease, cancer, asthma, stroke, coronary heart disease, diabetes, or COPD.

*=interaction, OR=Odds Ratio, CI=Confidence Interval, ROR=Relative Odds Ratio, ref.=reference

Table 5: Unadjusted and adjusted interaction effects with average temperature fall per 1 degree Celsius (3-days lag period)¹ on death among patients aged 65 or older who died in winters of the financial years 2012/13-2013/14 due to diseases of the circulatory system, respiratory system, nervous system, or mental and behavioural disorders (N=7,710 deaths).

	Unadjusted				Adjusted		
	OR ²	ROR ³	95% CI	P-value	ROR	95% CI	P-value
Temperature*gender (ref.=male)	1.090						
Female	1.070	0.982	0.962; 1.003	0.091	0.980	0.959; 1.002	0.082
Temperature*age died (ref.=65-74)	1.075						
75-84	1.079	1.004	0.969; 1.041	0.820	1.006	0.971; 1.044	0.729
85+	1.079	1.004	0.972; 1.038	0.795	1.012	0.978; 1.048	0.488
Temperature*community (ref.) or institution	1.080						
Institution	1.067	0.987	0.955; 1.019	0.431	0.989	0.956; 1.022	0.516
Temperature*urban (ref.=urban conurbation)	1.096						
Cities and towns	1.068	0.975	0.951; 0.998	0.036	0.984	0.959; 1.010	0.227
Rural	1.088	0.993	0.956; 1.031	0.700	0.989	0.950; 1.030	0.592
Temperature*IMD (ref.=Q1)	1.080						
Q2	1.092	1.011	0.979; 1.045	0.493	1.012	0.979; 1.046	0.488
Q3	1.074	0.994	0.962; 1.028	0.740	0.997	0.964; 1.030	0.820
Q4	1.066	0.987	0.953; 1.021	0.448	0.988	0.953; 1.024	0.497
Q5 (most deprived)	1.079	0.999	0.963; 1.035	0.956	0.992	0.955; 1.031	0.685
Temperature*house energy efficiency(ref.=Q1)	1.069						
Q2	1.076	1.006	0.972; 1.043	0.718	1.012	0.978; 1.049	0.494
Q3	1.074	1.004	0.969; 1.041	0.808	1.008	0.973; 1.046	0.645
Q4	1.079	1.010	0.975; 1.046	0.598	1.013	0.977; 1.052	0.486
Q5 (highest inefficiency)	1.099	1.028	0.989; 1.068	0.167	1.027	0.984; 1.071	0.215
Temperature*emergency admission (ref.=no)	1.093						
Yes	1.075	0.983	0.959; 1.010	0.221	0.979	0.953; 1.006	0.132
Temperature*chronic conditions ⁴ (ref.=no)	1.079						
Yes	1.077	0.998	0.975; 1.022	0.894	0.999	0.975; 1.024	0.917
Temperature*north/south divide (ref.=south)	1.067						
North	1.108	1.038	1.013; 1.063	0.002	1.040	1.013; 1.066	0.002

¹ Based on temperatures of date of death and 3 days previous (case day), and 28th day before date of death and 3 days previous and 28th day after date of death and 3 days previous (control days).

² Odds ratio per 1-degree Celsius fall in temperature.

³ Relative odds ratio to indicate modifying effect of factor to temperature: e.g. for gender: odds ratio for females divided by odds ratio for males: ROR female=1.070/1.090=0.982.

⁴ Diagnosed with one or more of the following seven chronic conditions: chronic renal disease, cancer, asthma, stroke, coronary heart disease, diabetes, or COPD.

*=interaction, OR=Odds Ratio, CI=Confidence Interval, ROR=Relative Odds Ratio, ref.=reference

