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UK universities are busily making preparations for the 2021 research excellence framework. Mock-REF exercises are taking place across the country, passing judgement on the quality of researchers’ work.

One of the now familiar mantras of those tasked with REF strategy, such as associate deans for research and departmental co-ordinators, is that books are essentially inferior to journal papers, or simply “don’t count”. Their only question is: “What papers are you putting forward?” If you suggest to them that one of your best “outputs” is a book, they look at you with a mix of pity and scorn.

In theory, the REF does not differentiate between types of outputs, so books count the same as journal papers. This seems the very least one would expect given that writing a 60,000- to 80,000-word book can involve considerable scholarly time and effort. Indeed, the 2014 REF permitted requests for books to be double-weighted in assessment. However, in many subject areas, relatively few such requests were made; in many humanities and social science disciplines, such as history and geography, the submission of books and book chapters actually fell in 2014, compared to the 2008 research assessment exercise.

The first problem is that a “book” comes in many different forms, carrying implications about relative status. Student textbooks or chapters in lightly edited collections from minor academic conferences are bottom of the pile, while single-authored academic monographs with prestigious publishers sit at the top. But even this latter, often the result of many years of work, can be unfavourably looked upon.

One reason is that the humanities and social sciences are increasingly expected to adopt the cultural norms of the hard sciences, whose latest findings are published in journals. Critics claim that books don’t contain sufficient originality, and replay previously published work. But much the same accusation could be levelled against many journal papers. Another argument is that books are not subject to peer review in the same way as papers. But there is an exaggerated faith in the integrity of peer review. In fact, it tends to reinforce rather than challenge disciplinary norms and is not immune from academic cronyism. Besides, any reputable book publisher will ask for a proposal and seek out suitable reviewers. Getting a contract with a good publishing house is as competitive a business as any other aspect of academic life.

There is an important intellectual case for people to write books, too. A few thousand words might be suitable for reporting data from an empirical study, but it is not enough to develop a deeper conceptual argument. A good academic monograph is much more than a synthesis of the taken-for-granted or some form of outmoded personal indulgence. Being able to sustain an argument based on theoretical and/or empirical resources over several hundred pages is no easy task. Carrying it off successfully is an important indicator that a person has genuine intellectual capability. Most importantly, academic monographs often play an important role in putting forward fresh and controversial perspectives.

The major figures in the humanities and social sciences have always written books, and most see them as their major works. The citations to my own books are modest by comparison but outstrip those to most of my journal papers, and I also regard them as my main intellectual achievements.
All the talk now is about impact but this is an area where books can do better than a single journal paper. A book is likely to reach a wider audience than a paper in a specialist journal only read by other academics. Books attract reviews that critically assess their value, and there are other measures of their influence, such as sales and invitations to speak.

I am concerned that spreading a negative message about books in the REF is having a damaging effect on newer researchers. I recently completed a study analysing the autobiographical profiles of three generations of scholars in the higher education research field. Those who started their careers in the 1960s tended to publish at least as many, if not more, books, book chapters and reports, than journal papers. By contrast the most recent generation have long lists of journal papers in their CVs and not much else.

As long as the REF survives in its current form, this might be a sensible strategy. However, we need to remember that the REF is a parochial British exercise based on blind faith in peer review. If you ever want to work overseas, what counts is to have publications that are well cited and appear in a good journal or with a respected publisher. Employers will be interested in your H-index, not your contribution to the REF.

The people dismissing the value of books tend to have one thing in common: they have never written one. Perhaps they should go away for a year or two and try.

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