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SUPPLEMENTARY MATERIALS

Cannabidiol reverses attentional bias to cigarette cues in a human experimental model of tobacco withdrawal.

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Running Head: CANNABIDIOL FOR TOBACCO WITHDRAWAL

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Supplementary Method

Participant recruitment

Supplementary Figure 1: flow diagram for study recruitment and assessments. The final sample included 30 participants who completed all three sessions.

Supplementary Results

Time since last smoked

There was a significant main effect of abstinence ($F(1,29)= 3289.03, p<.001, \eta^2_p =.99$) where on the satiated session, participants last smoked $M: 0.41$ (SD: 0.40) hours previously, in comparison to abstinent. There was no main effect of drug ($F(1,29)=0.18, p=.675, \eta^2_p=.006$). Participants last smoked $M: 10.97$ (SD:0.96) hours previously on the CBD session and $M:11.03$ (SD:0.95) on the PBO session.
CO

There was a significant main effect of abstinence ($F(1,29)= 167.83 \ p<.001, \eta^2 p=.84$) which shows CO was higher in the satiated condition (M: 17.73 ppm SD: 6.63) than in the abstinent conditions. There was no main effect of drug ($F(1,29)=6.13, \ p=.019, \eta^2 p=.17$) where CO was 4.27ppm (SD:2.23) for CBD and 4.17 (SD:2.69) for PBO. Thus abstinence was biologically verified.

MPSS

Amount of time spent with urge

Pre-drug time spent with urges was significantly greater under abstinent than satiated sessions $F(1,29)=27.96, \ p<.001, \eta^2 p=.49$ suggesting abstinence increased the amount of time spent with urges to smoke. There was no different between CBD and PBO, pre-drug administration ($p=0.536; \ JZS \ BF$ in support of the null= 5.86). To investigate if CBD attenuated craving in comparison to placebo on abstinent sessions, we conducted an ANOVA that showed a main effect of time ($F(3,87)=8.65, \ p<.001, \eta^2 p=.23$) which showed that time spent with urges decreased from T1 (3.17, 95% CI 2.79-3.64) to T3 (2.40, 95% CI 1.97-2.82), and increased from T3 to T4 (2.80, 95% CI 2.38-3.22). However there was no effect of drug ($p=1.00; \ JZS \ BF$ in support of the null= 7.08) There was no drug x time interaction $F(2, 68)=.25, \ p=.81, \eta^2 p=0.00$).

Strength of urges

Pre-drug strength of urges was significantly greater under abstinent than satiated sessions $F(1,29)=26.26, \ p<.001, \eta^2 p=.48$ suggesting abstinence increased the strength of urges. There was no different between CBD and PBO, pre drug administration ($p=0.879; \ JZS \ BF$ in support of the null= 6.99). To investigate if CBD attenuated craving in comparison to placebo on abstinent sessions, we conducted an ANOVA that showed a main effect of time ($F(3,87)=4.33, \ p=.007, \eta^2 p=.13$) which showed that time spent with urges decreased significantly from T1 (2.92, 95% CI 2.58-3.25) to T2 (2.40, 95% CI 2.02-2.78), and increased from T2 to T3 (2.48, 95% CI 2.10-2.87) and T4 (2.73, 95% CI 2.31-3.16). However there was no effect of drug ($p=.61; \ JZS \ BF$ in support of the null= 6.20) There was no drug x time interaction $F(3, 87)=0.65, \ p=0.58, \eta^2 p=0.02$).

Side effects

Strong Drug effect: There was no main effect of drug ($F(1,29)=.80, \ p=.379, \eta^2 p=.03$) confirmed by Bayesian analysis (JZS BF: 4.82), time ($F(2,58)=.37 \ p=.695, \eta^2 p = .01$), or drug x time interaction ($F(2,58)=2.18, \ p=.123, \eta^2 p=.07$).

Good Drug effect: There was no main effect of drug ($F(1,29)=.10, \ p=.922, \eta^2 p=.00$) confirmed by Bayesian analysis (JZS BF:7.04), time ($F(2,58)=2.76, \ p=.072, \eta^2 p = .09$), or drug x time interaction ($F(2,58)=2.18, \ p=.123, \eta^2 p = .07$).
Willing to take drug again: There was no main effect of drug \((F(1,29)=2.35, p=.136, \eta^2_p=.08)\) confirmed by Bayesian analysis (JZS BF: 2.35), time \((F(2,58)=0.42, p=.661, \eta^2_p=.01)\), or drug x time interaction \((F(2,58)=1.12, p=.306, \eta^2_p=.040)\).

Like drug effect: There was no main effect of drug \((F(1,29)=.01, p=.947, \eta^2_p=.00)\) confirmed by Bayesian analysis (JZS BF: 7.06) or drug x time interaction \((F(2,58)=.03, p=.968, \eta^2_p=.00)\). There was a main effect of time \((F(2,58)=3.53, p=.036, \eta^2_p=.11)\) which showed liking decreased over time.

I have a stomach ache: There was no main effect of drug \((F(1,29)=.00, p=.957, \eta^2_p=.00)\) confirmed by Bayesian analysis (JZS BF:7.07), time \((F(2,58)=.01, p=.988, \eta^2_p=.000)\), or drug x time interaction \((F(2,58)=1.44, p=.245, \eta^2_p=.05)\).

I have a headache: There was a drug x time interaction \((F(2,58)=3.17, p=.049, \eta^2_p=.099)\). Exploration of the interaction showed no significant pairwise comparisons. There was no main effect of drug \((F(1,29)=.04, p=.839, \eta^2_p=.00)\) confirmed by Bayesian analysis (JZS BF:6.93), or time \((F(2,58)=.80, p=.456, \eta^2_p=.03)\).