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1 **Long term survival after treatment of idiopathic lung lobe torsion in 80 cases.**

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25 **Abstract**

26

27 **Objective** – To report outcomes of dogs treated for lung lobe torsion (LLT) and to  
28 determine prognostic factors for survival.

29 **Study Design** – Retrospective multicentric study from four veterinary teaching hospitals.

30 **Animals** – Dogs (n=80) with lung lobe torsion.

31 **Methods** – Medical records were reviewed for clinical and histopathological findings.

32 Long-term outcome was assessed with owner questionnaire. LLT was classified as  
33 idiopathic or secondary based on the etiology.

34 **Results** – The most represented breeds were pugs (47.5%) and sighthounds (16.2%). The  
35 cause of the lung lobe torsion was considered primary in 77%, secondary in 21% and  
36 unknown in 2% of dogs. Postoperative complications were recorded in 14% of dogs.

37 Overall, 95% of dogs survived to discharge and median follow up was 1095 days (range,  
38 7-3809). Owner assessed outcomes and quality of life as excellent in 93% and 89% of  
39 dogs, respectively. Primary LLT was associated with a longer survival (median not  
40 reached in the study) compared to secondary LLT (921 days; range, 7 to 2073)  
41 (P=0.001).

42 **Conclusions** – Overall long term survival after lung lobectomy for LLT was excellent.

43 Primary LLT was associated with longer survival then secondary LLT. Long-term owner  
44 evaluation of clinical outcome for dogs undergoing lung lobectomy for LLT was  
45 considered excellent.

46 **Clinical relevance** – Dogs with primary LLT undergoing lung lobectomy have a longer  
47 survival time compared to dogs with secondary LLT and have an excellent postoperative  
48 outcome.

## 49 **Introduction**

50 Lung lobe torsion (LLT) is a potentially life-threatening condition in dogs and cats<sup>1-4</sup>;  
51 consisting of a lobar rotation of the bronchovascular pedicle at the hilus. This condition  
52 results in airway obstruction and vascular compromise.<sup>1,4-6</sup> The incidence of LLT remains  
53 unclear in small animals but ranges in man between 0.09% to 0.4%. In addition, LLT is a  
54 postoperative complication reported in 0.2% to 0.4% of lung lobectomies.<sup>5,7</sup>

55 The pathophysiology of LLT has not been elucidated in any species but has been linked to  
56 changes in the spatial relationship between lung lobes as well as bronchial cartilage  
57 dysplasia. These factors are believed to increase mobility of lung lobes within the thorax,  
58 thereby predisposing to LLT.<sup>2,3,5</sup> In human patients, postoperative, post traumatic and  
59 spontaneous occurrence due to an underlying pneumonic process have been described.<sup>5,8</sup>

60 Overall most cases of lung lobe torsion occur after a lung lobectomy with the right  
61 middle lung lobe being the most affected following right-upper lobectomy.<sup>5,8,9</sup> In dogs,  
62 the etiology is primary (spontaneous or idiopathic), or secondary to an underlying process  
63 such as pulmonary (e.g. neoplasia) or pleural disease (e.g. pleural effusion).<sup>4</sup> Unlike the  
64 terminology used in human medicine, primary, idiopathic or spontaneous are terms used  
65 interchangeably to describe lung lobe torsion in animals when no predisposing factors  
66 can be identified.<sup>1,2,10-12</sup>

67 Large deep-chested dogs, such as Afghan hounds as well as other smaller breeds (e.g.  
68 pugs) are overrepresented. However, LLT has been also documented in a diversity of  
69 breeds ranging from chihuahuas to Newfoundlands.<sup>1-4,11-19</sup> It has been reported that small  
70 breed dogs are typically affected by secondary LLT<sup>4</sup>, whereas primary LLT is more  
71 common in pugs; large breed dogs are equally affected by primary and secondary LLT.<sup>1-4</sup>

72 The treatment of LLT is surgical, with lung lobectomy considered the gold standard in  
73 animals whereas controversy still exists over the optimal treatment in human medicine.  
74 Resection of the non-viable tissue avoiding a reperfusion insult is the typical treatment in  
75 both dogs and human patients, but repositioning, with or without pexy, seems to represent  
76 a feasible option in some human studies.<sup>5, 8,20-22</sup> Mortality associated with lung lobe  
77 torsion in human patients ranges from 8.3% to 16%<sup>5,6,21</sup>. Reported mortality rate in dogs  
78 ranges from 31% to 61%<sup>1,2</sup>; however, more recent studies revealed a lower rate ranging  
79 from 8% to 14%.<sup>4,19</sup>

80 An important prognostic factor affecting survival in human patients with LLT is the  
81 extent of the lung torsion but survival is not affected by the underlying cause or by  
82 surgical techniques (reposition vs resection).<sup>5</sup> Similarly, the underlying cause of the  
83 torsion (idiopathic vs secondary) does not appear to affect survival to discharge, however  
84 dogs with left cranial lung lobe torsion seem more likely to survive to discharge than  
85 dogs with concurrent right cranial and right middle lung lobe torsion.<sup>4</sup> When breeds are  
86 taken into consideration, pugs have been found to have a better prognosis with a survival  
87 rate to discharge ranging from 86% to 92% compared to a 50% for non-pugs,<sup>2</sup> however  
88 this has been questioned by more recent studies where no survival advantage was  
89 found.<sup>4,19</sup> Given the conflicting reports regarding post-operative outcomes in dogs with  
90 LLT, the rarity of the disease and the poorly understood pathophysiology, further large-  
91 scale studies are always beneficial to determine risk factors affecting the outcome in  
92 these dogs.

93 The aim of this study was to describe short- and long-term outcomes of dogs presented for  
94 LLT, and to identify factors associated with survival using a large scale multicentric study.

95 We hypothesized that the outcome for pug and dogs with idiopathic LLT was better  
96 compared to other affected breeds or causes.

97



98 **Materials and methods**

99 **Study design and eligibility criteria**

100 This retrospective observational study used anonymized clinical data and was approved  
101 by the Liverpool Veterinary School Research Ethics Committee (VREC601). Electronic  
102 records from four small animal referral university hospitals in the UK (University of  
103 Liverpool, University of Bristol, Royal Veterinary College, University of Edinburgh)  
104 were searched to identify all dogs diagnosed with LLT between 2007 and 2018. Dogs  
105 diagnosed with LLT during the study period with comprehensive clinical records were  
106 included in the study. Affected dogs that presented for a second surgery to address  
107 another postoperative lobar torsion were not classified as a new case nor included in the  
108 statistical analysis.

109 Information retrieved from the records included signalment, clinical history, examination  
110 findings, preoperative blood test results, preoperative diagnostic findings, location of the  
111 LLT, time from presentation to surgery, surgical treatment, surgical and anesthetic time,  
112 pleural fluid analysis and histopathological findings, time from surgery to thoracic drain  
113 removal, time from surgery to discharge, bacteriology results, concomitant surgical  
114 procedures under the same general anesthetic, survival to hospital discharge, and  
115 recurrence of LLT. The inciting cause of LLT was determined on the basis of clinical,  
116 diagnostic and histopathology findings. The occurrence of any intraoperative and  
117 postoperative complication was recorded as well as the need of further surgical  
118 intervention or medical treatment. Complications were classified as minor, defined as  
119 complications that did not require additional surgical or medical treatment to resolve, and  
120 major, defined as complications or associated morbidity that required further surgical or

121 medical treatment to resolve.

122 To evaluate outcome, a questionnaire was designed (supplemental data S1) and owners

123 were requested to answer six questions about their dog's outcome and quality of life.

124

## 125 **Statistical analysis**

126 Descriptive statistics were computed for all variables. Continuous explanatory variables

127 assessed included were age, body weight, duration of clinical signs, time from

128 presentation to surgery, anesthetic time, surgical time, time from surgery to thoracic drain

129 removal, time from surgery to discharge, survival. Using a Shapiro-Wilk test, none of

130 these datasets were likely to be from a normal distribution ( $P < 0.001$  for all) and,

131 therefore, they are reported as median (range). Categorical variables assessed were sex,

132 neuter status, breed (pug vs sighthounds; pug vs other breeds; sighthounds vs other

133 breeds), location of the lobar torsion (left side vs right side and left cranial vs right

134 middle), concomitant procedures, etiology, and occurrence of complications.

135 For each dog, disease-specific survival time was determined as the time elapsed from the

136 date of surgery to the date of death or censorship. Dogs were censored from survival

137 analysis if they were alive at the time of analysis or lost to follow-up. The Kaplan-Meier

138 method and Cox proportional hazards analysis were used to determine the association of

139 a range of variables with the survival time. The outcome variable was survival time, and

140 the explanatory variables were those listed above. All the variables were initially tested

141 separately via univariate Cox proportional hazards analysis and multivariate Cox

142 proportional hazards model was then built, which initially included the variables

143 identified as  $P < 0.2$  on univariate analysis. Cox proportional hazards analysis results are

144 reported as odds ratios (OR), 95% confidence intervals (95% CI) and the associated P-  
145 value. With regard to the breed distribution, Chi-Square test was initially used to  
146 determine any significant association between etiology and breeds. Given the significant  
147 association found, Fisher's exact test was then used to characterize the results, in  
148 particular whether pugs were more likely to suffer of primary LLT compared to  
149 sighthounds and other breeds as well as sighthounds compared to other breeds. The level  
150 of statistical significance was set at  $P < 0.05$  for two-sided analyses.

151 **Results**

152 **Population data, clinical presentation and diagnostic investigations**

153 In total, 84 dogs met the eligibility criteria, but four dogs were excluded due to  
154 incomplete medical records, leaving a study population of 80 dogs. The most represented  
155 breed was pugs (38, 47.5%) and sighthounds (13, 16.2% - including 5 whippets, 4  
156 greyhounds, 3 lurcher and 1 saluki), followed by Labrador retriever (9), shih tzu (3),  
157 border collie (2), and others.

158 The population included 49 male dogs (31 neutered and 18 intact) and 31 female dogs (19  
159 neutered and 12 intact), with a male-to-female ratio of 1.6:1. At the time of the surgery,  
160 the median age was 31.5 months (range 2.5 to 130 months) and median weight was 10 kg  
161 (range 1 to 61.9 kg). There were 15 juvenile dogs ( $\leq 12$  months) and 11 of them were  
162 pugs.

163 Median duration of clinical signs was 4 days ranging from less than 24 hours prior to  
164 presentation to 90 days. Respiratory signs including dyspnea, tachypnea, increase  
165 respiratory effort, excessive panting were reported in 66 dogs (82%). Cough was  
166 described in 30 dogs (37%), in particular 4 dogs presented for hemoptysis. Other clinical  
167 signs reported were lethargy (45, 56%), anorexia/hyporexia (26, 32%), pyrexia (18,  
168 22%), and exercise intolerance (8, 10%). In 9 dogs (11%) presented for lethargy,  
169 anorexia, gastrointestinal signs such as vomiting, regurgitation or diarrhea, pigmenturia  
170 with suspected lower urinary tract infection, abdominal, spinal or generalized pain, no  
171 clinical signs associated with the respiratory system were reported. In the majority of  
172 dogs, a combination of clinical signs was reported.

173 Findings on physical examination included increased respiratory effort (33, 41%)  
174 tachypnea (23, 29%), pyrexia (13, 16%), dyspnea (9, 11%), panting (9, 11%), upper  
175 respiratory sounds (4, 5%), shallow breathing (2, 2.5%) and paradoxical breathing (2,  
176 2,5%). Cardiothoracic auscultation revealed attenuated pulmonary sounds (36, 45%),  
177 attenuated cardiac sounds (11, 14%), adventitial pulmonary sounds (8, 10%) increase  
178 lung sounds (2, 2.5%) and heart murmur (1, 1.2%). Pyrexia was documented in 13 dogs  
179 (16%), cranial abdominal pain in 4 dogs (5%) and kyphosis in 1 dog (1, 2%). In 7 dogs  
180 (9%) physical examination revealed no abnormalities.

181 Complete blood count (CBC) was available in 63 dogs and abnormalities included  
182 neutrophilia ( $>12 \times 10^9/L$ ) in 44 dogs (70%) with band neutrophils in 10 dogs,  
183 leukocytosis ( $>18 \times 10^9/L$ ) in 30 dogs (47%), monocytosis ( $>1.2 \times 10^9/L$ ) in 28 dogs  
184 (44%), anemia (HCT  $<35\%$ ) in 22 dogs (35%), lymphopenia ( $<1.2 \times 10^9/L$ ) in 10 dogs  
185 (16%), lymphocytosis ( $>3.8 \times 10^9/L$ ) in 6 dogs (9.5%), thrombocytopenia ( $<150 \times 10^9/L$ )  
186 in 3 dogs (4.7%). In 9 dogs (14%) CBC was within reference limits.

187 Serum biochemistry was available in dog in 67 dogs. Hypoproteinemia and  
188 hypoalbuminemia were present in 10 dogs (15%) each. Alkaline phosphatase levels  
189 (ALP) were increased ( $>119 \text{ U/L}$ ) in 34 (51%) dogs, alanine aminotransferase ( $>125$   
190  $\text{U/L}$ ) and creatine kinase levels were elevated in 7 dogs (10%) respectively.

191 Hypercholesterolemia (cholesterol  $>8.3\text{mmol/l}$ ) was present in 11 dogs (16%),  
192 hyperbilirubinemia (total bilirubin  $>15\mu\text{mol/l}$ ) in 8 dogs (12%), hyperlactatemia (lactate  
193  $>2.5\text{mmol/l}$ ) in 8 dogs (12%), hyperglycemia (glucose  $>6.6\text{mmol/l}$ ) in 6 dogs,  
194 hyponatremia ( $<144\text{mmol/l}$ ) in 6 dogs, hypokalemia ( $<3.5\text{mmol/l}$ ) in 7 dogs,

195 hypocalcemia (<2.13mmol/l) in 8 dogs, hypochloremia (109mmol/l) in 6 dogs. In 13  
196 dogs (19%) serum biochemistry was within normal limits.

197 Computed tomography (CT) was the most common diagnostic tool used to diagnose  
198 LLT. It was performed in 69 cases (86%). The most common abnormalities described  
199 were obliteration or tapering of the main bronchus (47, 68%), pleural effusion (45, 65%),  
200 vesicular pattern of the affected lung lobe (41, 59%), lung consolidation (19, 27%), local  
201 lymphadenopathy (12, 17%), atelectasis (9, 13%), emphysema (7, 10%). Thoracic  
202 radiographs were performed in 19 cases (24%) and the most common reported features  
203 were an increase radiopacity and vesicular pattern compatible with consolidation and  
204 suspected torsion of a lung lobe, pleural effusion and pneumothorax.

205 Thoracic ultrasound was used in 4 cases (5%), echocardiography was performed in 2  
206 dogs (2.5%; one with pulmonary stenosis) due to suspected cardiac disease and  
207 bronchoscopy was used in 2 dogs (2.5%).

208 The left cranial lung lobe was affected in 40 dogs (50%), followed by right middle (28,  
209 35%), right cranial (13, 16%), accessory (1, 1%). Two cases were presented with the  
210 torsion of two lung lobes: left cranial/right middle and right cranial/right middle. In pugs,  
211 the left cranial lung lobe was the most affected (25, 66%), followed by the right cranial  
212 (10, 26%) and the right middle (3, 8%). For sighthounds the right middle lung lobe was  
213 the most commonly affected (10, 77%) followed by the left cranial (2, 15%) and right  
214 cranial (1, 8%).

215

216 **Surgical procedures**

217 Four dogs died or were euthanized before surgery including three dogs presented with  
218 severe respiratory compromise who suffered cardio-pulmonary arrest before surgery and  
219 one dog who was diagnosed with LLT secondary to a pulmonary adenocarcinoma and for  
220 whom the owner elected euthanasia. These four cases were included in the initial  
221 descriptive analysis but there were not included in survival analysis.

222 Seventy-six dogs underwent surgery which included resection of the affected lung lobe;  
223 in none of the cases was de-rotation with or without pexy attempted. Median surgical  
224 time was 75 minutes (range, 40-250) and median anesthetic time was 180 minutes (range,  
225 90-330). An intercostal thoracotomy was used as the surgical approach in 73 cases  
226 whereas median sternotomy was performed in the remaining 3 cases. Time from  
227 diagnosis to surgery ranged from less than 24 hours to 5 days, with 64 dogs (83%)  
228 undergoing surgical procedure less than 24 hours after initial presentation.

229 Lung lobectomy was performed with a stapling device in 70 dogs (in 6 cases the surgical  
230 site was reinforced with sutures); sutures only were used in 6 cases and, in 2 of them,  
231 hemoclips were also added (1kg pug and 2.7kg papillon).

232 A thoracic drain was placed in all but two dogs and it was removed from a range of less  
233 than 12 hours to a maximum of 15 days in a case with persistent chylothorax. In 39 dogs  
234 (51%) the drain was removed within the first 24 hours.

235 Post-operative hospitalization for monitoring, thoracic drain management and analgesia  
236 ranged from 72 hours to 20 days (median: 96 hours). Eleven concomitant surgeries were  
237 performed in 8 dogs including rhinoplasty, palatoplasty and laryngeal sacculotomy for  
238 BOAS (2), subtotal pericardiectomy with thoracic duct ligation (1), subtotal  
239 pericardiectomy (2), subtotal pericardiectomy, thoracic duct ligation, cisterna chyli

240 ablation and pleural access port placement (PleuralPort; Norfolk Vet Products, Skokie,  
241 Il.) (1), mediastinal biopsies (1), mediastinal mass biopsies (1), partial mediastinectomy  
242 (1), partial lung lobectomy of the left caudal lung lobe due to adhesions from the left  
243 cranial and left caudal lung lobe (1), rib resection to remove the affected lung lobe due to  
244 adhesions from the right middle lung lobe and the parietal pleura (1). Antibacterial and  
245 analgesia therapy was prescribed postoperatively at the discretion of the surgeon, a total  
246 of 30 dogs (39%) received prophylactic antibiotic postoperatively.

247

#### 248 **Clinico-pathological results**

249 Aerobic and anaerobic bacterial culture and antimicrobial susceptibility testing from the  
250 pleural effusion or lung parenchyma was performed in 39 dogs. In 4 cases, bacterial  
251 culture was positive including mixed growth of *E. coli* and *Staphylococcus intermedius*,  
252 suspected *Nocardia* spp. or *Actinomyces* spp, *Bacillus* spp and *B-haemolytic*  
253 *Streptococcus* spp. Histopathologic evaluation was available in 68 cases. The most  
254 common findings included necrosis (58, 87%), hemorrhage (55, 82%), thrombosis (16,  
255 24%), fibrosis (14, 21%), pleural fibroplasia (7, 10%), pleuropneumonia (6, 9%), pleuritis  
256 (5, 7%), and suppurative pneumonia (2, 3%). In 2 cases, pulmonary adenocarcinoma was  
257 diagnosed.

258 In 61 dogs (77%), a cause of the lung lobe torsion was not found therefore a diagnosis of  
259 idiopathic LLT was made; thirty-five (57%) idiopathic LLT were found in pugs. Two  
260 pugs were pregnant at the time of diagnosis, it is unknown if the pregnancy could have  
261 been an inciting factor for the torsion. In the remaining 17 dogs (21%) with an available  
262 diagnosis the condition was deemed secondary to chylothorax (9), concomitant pyothorax



263 (2), trauma (2), pulmonary adenocarcinoma (2), congenital lobar emphysema (1),  
264 pyogranulomatous pericarditis and mediastinitis (1), eosinophilic pleural effusion (1),  
265 mesothelioma (1). In 2 cases, 1 pug and 1 Pyrenean Mountain Dog (2%), the cause could  
266 not be verified as the dogs died before the surgical procedure. The distribution of primary  
267 and secondary LLT related to breeds is reported in Table 1, no difference was found  
268 between pugs and sighthounds ( $P=0.054$ ) and between sighthounds and other breeds  
269 ( $P=0.434$ ), however a difference was found between pugs and other breeds ( $P=0.001$ ).

270

271 **Complications-** Surgery was uncomplicated in 74/76 cases. Two dogs had intraoperative  
272 complications (3%) recorded: one dog suffered hemorrhage following de-rotation of the  
273 lung lobe which did not require blood-product transfusion and in one dog suffering also of  
274 pulmonic valve stenosis, a patch-graft was planned but abandoned due to a sudden  
275 deterioration related to the general anesthetic. All dogs survived the surgical procedures.  
276 In the postoperative period, 12 complication events occurred in 11 dogs (14%). Five  
277 complications were considered minor: hypoxemia requiring oxygen supplementation (2),  
278 continued pleural effusion (2) with one dog developing hypoalbuminemia, peripheral  
279 edema and seroma of the surgical site (1). Seven complications were classified as major:  
280 pyothorax (2), chylothorax (3), hemoglobinuria and non-regenerative anemia requiring  
281 transfusion in one dog (1), aspiration pneumonia (1). Among these dogs, 8 were  
282 diagnosed with idiopathic LLT whereas three were diagnosed with secondary LLT. No  
283 difference was found between the LLT etiology and the risk of postoperative  
284 complications ( $P=0.413$ ).

285 Specifically, among the 3 dogs developing chylothorax postoperatively, two dogs  
286 underwent a second surgical intervention, and one dog was euthanized. A 4-year-old  
287 greyhound developed chylothorax 2 days post lung lobectomy, conservative treatment  
288 was attempted but failed and a second surgery including thoracic duct ligation, subtotal  
289 pericardiectomy and pleural access port placement (PleuralPort; Norfolk Vet Products,  
290 Skokie, Illinois) was performed 13 days after. The dog recovered uneventfully, and  
291 clinical signs ceased after surgery. A 3-year-old saluki developed chylothorax 3 days  
292 after surgery, a pleural access port (PleuralPort; Norfolk Vet Products, Skokie, Illinois)  
293 was placed but eventually the dog was euthanized 11 months after surgery due to lack of  
294 improvement and failure of the pleural port. Finally, a 4-year-old Labrador developed  
295 chylothorax 13 days after lung lobectomy and he was euthanized at the owner's request.  
296 These three dogs had spontaneous torsion of the right middle lung lobe.

297

298 **Outcomes-** Considering all dogs presented for LLT, 76/80 dogs (95%) survived to  
299 discharge. If only dogs underwent surgical procedure were considered, 75/76 (99%) dogs  
300 survived to discharge.

301 Follow up was available for 56 dogs (70%) and ranged from 7 to 3809 days (median:  
302 1095 days). Eleven dogs (20%) died or were euthanized during the follow up period  
303 between 7 and 2910 days, 5 dogs (9%) for reasons unrelated to the cause of the lung lobe  
304 torsion. An 8-year-old pug was diagnosed with intestinal lymphoma and euthanized three  
305 years after surgery and a 3-year-old whippet was diagnosed with epitheliotropic  
306 lymphoma and euthanized approximately 1 year after surgery. A 1-year-old pug was

307 euthanized after the occurrence of seizure. Finally, other 2 dogs were euthanized for  
308 reason unrelated to LLT however the specific cause was not indicated by their owners.  
309 Six dogs (11%) died or were euthanized for causes related to their secondary LLT: four  
310 for chylothorax, one for pulmonary carcinoma and one for mesothelioma. A 7-year-old  
311 doberman diagnosed with pulmonary adenocarcinoma was euthanized 9 months from  
312 surgery due to metastatic disease and subsequent deterioration. A 9-year-old weimaraner  
313 suffering from a pre-existent chylothorax and pyothorax was euthanized on the owner's  
314 request 7 days after lung lobectomy due to persistent pleural effusion and lack of  
315 improvement.

316 Three dogs diagnosed with chylothorax represented 13 days, 11 and 12 months  
317 respectively with a chylothorax recurrence and the owners elected euthanasia, in  
318 particular one of them was a 18 month-old whippet diagnosed also with a second LLT  
319 (left cranial lung lobe). Lastly, a 5-year-old pug initially diagnosed with spontaneous left  
320 cranial LLT needed regular pleural fluid drainage. A diagnosis of mesothelioma was  
321 confirmed 11 months following the initial surgery and the dog euthanized.

322 Forty-five owners completed questionnaires (56%). Long term issues were reported in  
323 only 4 cases (9%), 3 suffering from chylothorax and one with recurrent eosinophilic  
324 pleural effusion, requiring occasional drainage. All dogs returned to full exercise and  
325 subjectively none seemed to be affected by the surgery.

326 The overall outcome of the surgery was described as excellent in 42 cases (93%), good in  
327 2 cases (4.5%) and poor in a dog with chylothorax that required repeated thoracocentesis  
328 postoperatively (2.5%). The quality of life of the dogs was described as excellent in 40

329 cases (89%), good in 4 cases (9%), and poor in the dog suffering from chylothorax that  
330 was eventually euthanized.

331

332 **Risk factors associated with survival of surgery for lung lobe torsion-** Overall median  
333 disease-specific survival rate for dogs undergoing lung lobectomy for LLT as estimated for  
334 all 56 dogs was not reached. Based on Kaplan-Meier estimates the 1-, 2- and 5- year  
335 disease-specific survival rates were 93% (51/55), 91% (50/55) and 88% (49/55),  
336 respectively.

337 Logistic regression analysis was used to determine factors associated with survival, when  
338 taking into account possible confounding factors (Table 2). After the initial model was  
339 refined by backwards-stepwise elimination, the best-fit model was one that included four  
340 variables (age, breed [pug vs other breeds], concomitant procedures, etiology). In the  
341 final multiple regression model (Table 3), the only factor associated with a decreased risk  
342 of death included having an idiopathic LLT (P=0.002). Dogs with secondary LLT had a  
343 median disease-specific survival time of 921 days (range, 7 to 3073 days), whereas in  
344 those with idiopathic LLT the median disease-specific survival time was not reached.

345

346 **Discussion**

347 In this study dogs with idiopathic LLT lived longer after lung lobectomy than those with  
348 secondary disease, leading us to accept our first hypothesis that outcome for dogs with  
349 idiopathic LLT was better compared to other causes. However, we reject our second  
350 hypothesis as pugs suffering of idiopathic LLT did not have a better outcome compared  
351 to other breeds.

352 LLT can affect dogs at any age and of any size, despite occurring more frequently in  
353 young and small breed dogs.<sup>1,2,4,18,19</sup> Fifteen juvenile dogs (19%) were reported in this  
354 study, and 73% of them were pugs. Latimer et al. reported similar findings describing  
355 LLT in 7 juvenile dogs where 5 of them were pugs.<sup>3</sup> As previously reported, pugs were  
356 overrepresented comprising 47.5% of dogs with sighthound dogs accounting for the  
357 majority of the remaining population. In pugs, left cranial lung lobe was the most  
358 commonly affected lobe followed by the right cranial and the right medial, which is in  
359 concordance with the study by Park et al.<sup>4</sup>

360 Interestingly, pugs have been found to have a higher incidence of bronchomalacia which  
361 causes flaccidity of the supportive cartilage, hypotonia of myoelastic fibers and loss of  
362 integrity of the bronchial wall predisposing to bronchial collapse.<sup>23,24</sup> In this study, the  
363 occurrence of LLT in pugs was identical to the reported distribution of bronchomalacia  
364 and bronchial collapse, with the left cranial bronchus most affected followed by the right  
365 cranial and the right middle bronchus.<sup>25</sup> Factors contributing to this particular distribution  
366 included thoracic conformation and anatomical features of individual bronchi and lung  
367 lobes;<sup>23-26</sup> this could potentially explain the overrepresentation of pugs for LLT as  
368 bronchomalacia could cause bronchial collapse leading to atelectasis of the lung lobe,

369 altering the spatial conformation of lung lobes and increasing their mobility.<sup>2,4,11,13,25</sup>  
370 Histopathological and genetic studies analyzing the fibers of the bronchus of the torsed  
371 lung lobe would be needed to confirm this hypothesis and the prevalence of this  
372 condition. On the other hand, sighthounds were presented mainly for the torsion of the  
373 right middle lobe. This is believed to be due to its narrow shape and relative increased  
374 mobility potentially contributing to its torsion.<sup>4,27</sup>  
375 Previously, pugs and other small breed dogs were found to have a better prognosis  
376 compared to other breeds.<sup>1,18</sup> However, our study failed to find an association between  
377 survival and any of the variables related to the signalment of our population even when  
378 pugs were tested separately from the rest of the population. This finding is in line with the  
379 more recent large published studies.<sup>4,19</sup> Interestingly, for the first time, a strong  
380 association was found between the etiology of the LLT and the survival: dogs suffering  
381 of idiopathic LLT that underwent surgical intervention were more likely to have a  
382 successful outcome compared to dogs with secondary LLT. We can speculate that  
383 idiopathic LLT has a more benign course and thus these dogs are less likely to have long  
384 term sequelae after surgical intervention.  
385 In human patients, LLT is observed after thoracic surgery, with torsion of the right  
386 middle lobe following right upper lobectomy.<sup>5,28,29</sup> Lung lobectomy is not considered a  
387 risk factor for a subsequent lobar torsion in small animals; it is sporadically reported and,  
388 in our population, none of the dogs had previous thoracic surgery. Recurrence of LLT has  
389 been reported only occasionally, ranging from 3% to 7% of the cases, occurring usually  
390 between 5 and 180 days after the original presentation<sup>4,18,19</sup>. In our population only one  
391 case represented for a second LLT after initial lung lobectomy, however persistent

392 chylothorax was suspected to be the inciting cause for both the torsions. This has also  
393 been described in a recent study, where the 4 cases of LLT recurrence had continued  
394 pleural effusion postoperatively.<sup>4</sup> It was speculated that continued pleural effusion in  
395 conjunction with the increased available space in the thorax after the previous lung  
396 lobectomy predisposed these dogs to recurrence of lung lobe torsion.<sup>4</sup> Due to the paucity  
397 of cases in the literature with recurrent LLT, no specific risk factors for recurrence of  
398 torsion have been elucidated.

399 In human patients, resection or derotation (with or without pexy) are both acceptable  
400 surgical options with controversy over the best treatment: re-positioning can retain  
401 pulmonary function but direct resection avoids a reperfusion insult.<sup>5</sup> A recent systematic  
402 review found no differences in survival between the two proposed treatments and factors  
403 involved in the treatment choice were the presence of arterial flow preoperatively, the  
404 lack of hemorrhagic infarctions and the subjective visual assessment of the pulmonary  
405 parenchyma.<sup>5</sup> In small animals, it is unlikely that de-rotation and pexy will be considered  
406 as the excision of the affected lung lobe is well tolerated.

407 Complications after lung lobectomy due to LLT ranges from 8% to 24% with no  
408 standardized criteria to evaluate the complications among the studies.<sup>1,4,18,19,30</sup> In our  
409 population, only 3% of dogs suffered intraoperative complications and 14% suffered  
410 postoperative complications. Occurrence of postoperative complications was not  
411 associated with a shorter survival time. Due to the variety of encountered complications,  
412 it would be misleading to try and draw further conclusion however, in our population, the  
413 occurrence of chylothorax was associated with poorer outcome. Three cases developed  
414 chylothorax after lung lobectomy and either died or were euthanized in the first three

415 months from surgery. Chylothorax is thought to develop after disruption or obstruction of  
416 the thoracic duct or thoracic lymphatics, resulting in lymphangiectasia.<sup>1,4,27,31</sup> It has been  
417 reported as a possible cause of LLT or also a complication following lung lobectomy for  
418 LLT.<sup>4,19,31</sup> If spontaneous resolution of the chylothorax is not achieved in the short  
419 postoperative period, surgical treatment should be considered. In cases of pre-existent  
420 chylothorax corrective surgery can be performed at the time of lung lobectomy.<sup>4</sup>  
421 Considering the cases reported in this study a prompt and aggressive approach is  
422 suggested for cases of chylothorax and a more guarded prognosis should be given to the  
423 owners.

424 The main limitation of this study is its multi-institutional retrospective nature which can  
425 increase the variability in management and treatment of cases. Medical records were  
426 occasionally incomplete and follow-up data were inconsistent. The low number of dogs  
427 with a negative status (dead or euthanized) could preclude a reliable statistical analysis  
428 limiting the precision of the effects of the different variables. This is supported by the  
429 wide confidence intervals for the odds ratios in this study. The measures of outcome of  
430 the dogs in our study were based purely on a subjective questionnaire: this assessment  
431 may be less reliable leading to an incorrect perception by the owner. The follow-up  
432 period ranged from 7 to 3809 days; this could result in recall bias in which owners who  
433 completed the questionnaire a longer period of time after their dog's surgery have a less  
434 accurate recall of their dog's clinical outcome and therefore have less reliable  
435 questionnaire scores than owners who completed the questionnaire within a shorter  
436 period of time following their dog's surgery.

437 In conclusion the current study provides evidence that dogs undergoing lung lobectomy



438 for idiopathic LLT have a better prognosis with a longer survival time compared to dogs

439 suffering from secondary LLT.

440

441 **References**

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508

509 **Table 1.** Breed distribution of primary and secondary lung lobe torsion<sup>1</sup>

<i>Etiology</i>	<i>Pugs</i>		<i>Sighthounds</i>		<i>Other breeds</i>	
	<i>n</i>	<i>%</i>	<i>n</i>	<i>%</i>	<i>n</i>	<i>%</i>
<i>Primary</i>	35	92	9	69	17	59
<i>Secondary</i>	2	5	4	31	11	38
<i>Unknown</i>	1	3	0	0	1	3
<i>Chi-Square test</i>	P=0.03					
<i>Fisher's exact test</i>	P=0.054					
	P=0.434					
	P=0.001					

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511

512 **Table 2.** Prognostic factors for duration of survival after surgical treatment of lung lobe  
513 torsion in dogs, derived from univariate logistic regression

<i>Logistic regression</i>	<b>Lung lobar torsion survival</b>		
	OR <sup>1</sup>	95% CI <sup>2</sup>	P value
<i>Age</i>	<b>1.01</b>	<b>0.99-1.02</b>	<b>0.086</b>
<i>Gender</i>	1.55	0.46-5.17	0.471
<i>Neuter Status</i>	0.62	0.17-2.32	0.487
<i>Body Weight</i>	1.00	0.99-1.00	0.212
<i>Breed</i>			
<i>pug vs sighthounds</i>	0.29	0.04-2.07	0.218
<b><i>pug vs other breeds</i></b>	<b>1.79</b>	<b>0.03-0.86</b>	<b>0.032</b>
<i>sighthounds vs other breeds</i>	0.60	0.12-2.90	0.526
<i>Duration of clinical signs</i>	0.99	0.96-1.03	0.971
<i>Time from presentation to surgery</i>	0.57	0.07-4.59	0.601
<i>Surgical time</i>	1.01	0.98-1.04	0.234
<i>Anesthetic time</i>	1.00	0.99-1.02	0.376
<i>Location of the torsion</i>			
<i>Left vs right</i>	1.00	0.29-3.46	0.997
<i>Left cranial vs right middle</i>	0.72	0.19-2.70	0.632
<i>Intraoperative complications</i>	2.55	0.31-20.95	0.381
<b><i>Postoperative complications</i></b>	2.11	0.42-10.65	0.362
<b><i>Concomitant procedures</i></b>	<b>12.61</b>	<b>2.54-62.62</b>	<b>0.002</b>
<b><i>Etiology</i></b>	<b>14.76</b>	<b>3.05-71.47</b>	<b>0.001</b>

514 <sup>1</sup> OR: odds ratio; <sup>2</sup> 95% CI: ninety-five percent confidence interval: Reference category  
515 used in logistic regression. Variables highlighted in bold qualified for inclusion in the  
516 multiple regression analysis at P<0.20 (Table 2)

517

518 **Table 3.** Prognostic factors for duration of survival after surgical treatment of lung lobe

519 torsion in dogs, derived from multivariate logistic regression

<i>Logistic regression</i>	OR <sup>1</sup>	95% CI <sup>2</sup>	P value
<i>Age</i>	1.00	0.98-1.02	0.460
<i>Breed (pug vs others)</i>	0.44	0.03-7.22	0.570
<i>Concomitant Procedures</i>	5.94	1.05-33.40	0.063
<b><i>Etiology (idiopathic vs secondary)</i></b>	<b>9.37</b>	<b>1.45-45.36</b>	<b>0.002</b>

520 <sup>1</sup> OR = odds ratio <sup>2</sup> 95% CI = ninety-five percent confidence

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536 Figure 1 Kaplan-Meier survival curve for dogs with primary (n=43) and secondary (n=11)  
537 lung lobe torsion treated by lung lobectomy