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Supplementary Table 1. Substance use and drinking pattern of participants

Interview number	Gender	Age	Alcohol use ^a	Drinking pattern ^b
1	M	18	Yes	Non-hazardous
2	F	18	Yes	Hazardous (when goes out but not regular)
3	F	18	Yes	Hazardous
4	M	18	Yes	Non-hazardous (Hazardous earlier in adolescence)
5	M	18	Yes	Hazardous
6	M	18	No (past user)	Non-hazardous
7	F	19	Yes	Hazardous
8	M	18	Yes	Non-hazardous / Hazardous (borderline)
9	M	19	No	Non-hazardous
10	F	19	Yes	Hazardous
11	F	19	Yes	Hazardous
12	F	19	Yes	Non-hazardous (Hazardous periodically and earlier in adolescence)
13	F	19	Yes	Non-hazardous
14	M	19	Yes	Hazardous / Harmful
15	F	19	Yes	Hazardous
16	F	18	Yes	Harmful
17	F	19	No	Non-hazardous
18	M	18	Yes	Hazardous
19	M	19	Yes	Non-hazardous

20	F	19	Yes	Hazardous
21	M	19	No	Non-hazardous (non-drinker)
22	F	19	Yes	Hazardous
23	M	19	Yes	Non-hazardous
24	F	19	Yes	Hazardous
25	M	19	Yes	Hazardous
26	F	19	Yes	Non-hazardous
27	M	19	Yes	Non-hazardous
28	F	20	Yes	Hazardous
TOTAL CURRENT USERS			24 (85.7)	Non-hazardous: 13 (46)
(n, (%))				Hazardous: 14 (50)
				Harmful: 1 (4)^c

^a 'No' indicates that the individual does not use the substance and has never experimented with its use.

^b Grouped into three categories. *Non-hazardous*: No drinking or drinking below safe drinking guideline amounts. *Hazardous*: regularly consuming alcohol over the safe drinking guidelines (3-4 units per day for males and 2-3 units per day for females); including heavy sessional drinking, defined as drinking a large amount of alcohol in a short space of time. *Harmful*: those drinking above recommended limits, and at higher levels than most hazardous drinkers; possibly with evidence of alcohol-related harm. Based on guidance on the consumption of alcohol by children and young people from Sir Liam Donaldson, Chief Medical Officer for England. Department of Health (2009). http://webarchive.nationalarchives.gov.uk/20130107105354/http://www.dh.gov.uk/prod_consum_dh/groups/dh_digitalassets/documents/digitalasset/dh_110256.pdf (page accessed April 2016). Note that these classifications were based on what was said by participants in the interviews.

^c Numbers calculated according to lower risk level of alcohol consumption where participants were on the borderline between two categories.